



Pathfinder Honour: Requirements & Framework

Babysitting

Part of Health & Science Category of Honours

Honour Patch



Part of Health
Master Honour



Snapshot of Honour

The focus of this honour is on how to care for a baby during a short absence of one or both parents. A 'baby' is defined as an infant whose age is roughly between 6 months and 2 years. Because of the many cultures and different legal requirements in the South Pacific Division, the notes are general in nature.

Topics include caring for a baby, preparing the baby's bottle, bathing a baby, making a baby's bed, the advantages of breast feeding, weaning a baby and a baby's fontanel.

Then there's the practical parts such as interviewing mothers and babysitting babies yourself; a wonderful opportunity to give frazzled parents a break Coo Coo!

Honour History:

Original Honour: Euro-Africa Division, Date and author not known

General Conference: Reviewed Not applicable

South Pacific Division : Reviewed July 2010

- John Sommerfeld, Kate Burnett, Zara Bichard, South Queensland, Conference

Babysitting Honour

Honour Framework: [Compulsory items are underlined. Others are for guidance]

#Skill Level:	Level 2
<u>Pre-requisites:</u>	No honours are required but please check if babysitting training is required in your local area
Preparation Time:	Average (4-8 hrs)
Physical Requirements:	Minimal
Equipment/Materials Required:	Baby care resources
Location:	Indoors
Sabbath Appropriate:	Can be adapted
<u>Safety & Legal Requirements:</u>	Refer to and comply with Local, State and Country Requirements. All duty of care must be complied with. NB: Please comply with local legal requirements
Links to P/F Curriculum: (Cards, Speciality, Pursuits), or AO Modules	
Suggested Teaching / Presentation method(s):	Presentation and Discussion; Excursion; Practical application;
Recommended Assessment:	Workbook & Assessment Sheet which has a checklist of practical requirements and a short test to check knowledge of the honour.
List of Resources:	See Trainer's Notes

#Skill Level. A General Conference term which broadly describes typical physical and mental development. Level 1 (Friends, Companions); Level 2 (Explorers, Rangers); Level 3 (Voyagers, Guides)

Honour Components:

Requirements:	See following page
Trainer's Notes:	Babysitting Honour Trainer's Notes
Student's Workbook:	Babysitting Honour Workbook
Assessment Sheet:	Babysitting Honour Assessment <i>(On SPD Honour Website but Leader's level access is required)</i>

Babysitting Honour

Requirements

Source: General Conference of SDA, 27 September 2009

<http://gcyouthministries.org/Ministries/Pathfinders/Honors/tabid/85/agentType/View/PropertyID/198/Default.aspx>

Note: Any Additional South Pacific Division (SPD) Requirements are in italics
~~Strikethroughs~~ show parts not applicable to the SPD.

IMPORTANT: *Persons who are babysitting may range from a big sister / brother / cousin to someone who is not known to the baby. Many countries and states have legislation and standards relating to the well-being of children, including babies. This may include - but not be limited to - the requirement to have a certified card (generated by police checks etc) and signed-off approval form/s by parents. Although the motive for caring for babies is heaven-inspired, it is essential that local legal requirements are understood and complied with.*

The following requirements may be adapted to suit local cultures

1. Be able to look after a baby during several hours in the absence of its mother.
2. List all the precautions to be taken when preparing the baby's bottle; ~~prepare it and give it to the baby.~~
3. *Know how to prepare, bathe, change and dress the baby.*
4. *Know how to prepare the baby's bed and put it to bed for the night.*
5. ~~Know how to weigh a baby and to fill in the weigh schedule form.~~ *Explain the purpose of keeping a personal health record for a baby and the importance of recording its growth progress.*
6. Explain why breast-feeding is superior to bottle-feeding.
7. What is weaning?
8. What is the fontanel (soft spot)? At about what age does it disappear?
9. *Do one of the following. Make a brief report.*
 - a. Interview staff at a local day-care centre (*or baby clinic*) regarding their organization and the help they offer to mothers.
 - b. *Interview two generations of mothers (ie mothers and grandmothers) and find out any similarities or differences in the way they cared for their babies. Record any interesting experiences they had in caring for their babies.*
10. *Babysit on at least three (3) different occasions and keep a record of each occasion. The total babysitting time must be at least five (5) hours. [Note. It is OK to babysit on more than three occasions to reach the minimum time of five (5) hours]*

General Conference Reference No: Not applicable, Euro-Africa Division honour