



Pathfinder Honour: Workbook

Babysitting



Name:

Club:

Date Started:

Date Completed:

Instructor Name:

Signature:

Club Director's Name:

Signature:

Please Award Patch:

Date:

To be signed by Authorised Person (ie District Director for Pathfinders) after satisfactory completion. Leaders, please see the Assessment Sheet for a checklist of practical requirements and a short test to check knowledge of honour.

Date Patch Presented

Babysitting Honour

Requirement 1: Be able to look after a baby during several hours in the absence of its mother.

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Requirement 2: List all the precautions to be taken when preparing the baby's bottle.
Please write brief notes

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Requirement 3: Know how to prepare, bathe, change and dress the baby.
Please write brief notes

Preparing the bath:	
Bathing the baby:	
Dressing the baby:	

Requirement 4: Know how to prepare the baby's bed and put it to bed for the night.
Please write brief notes

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Babysitting Honour

Requirement 5: Explain the purpose of keeping a personal health record for a baby and the importance of recording its growth progress. Please write brief notes

Purpose of keeping a personal health:

Records kept:

Requirement 6: Explain why breast-feeding is superior to bottle-feeding. Please write brief notes

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Requirement 7: What is weaning? Please write brief notes

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Requirement 8: What is the fontanel (soft spot)? At about what age does it disappear? Please write brief notes

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Babysitting Honour

Requirement 9: Do one of the following. Make a brief report.

- a. Interview staff at a local day-care centre (or baby clinic) regarding their organization and the help they offer to mothers.**

Details of day-care centre / baby clinic:	Name:			
	Address:			
Person/s interviewed:			Date:	
Details of interview:				

- b. Interview two generations of mothers (ie mothers and grandmothers) and find out any similarities or differences in the way they cared for their babies. Record any interesting experiences they had in caring for their babies.**

Mothers interviewed:	Mother's name:		Mother's name:		
	Relationship to other mother:		Relationship to other mother:		
Where interviewed:				Date:	
Details of interview:					

Babysitting Honour

Requirement 10: Babysit on at least three (3) different occasions and keep a record of each occasion. The total babysitting time must be at least five (5) hours. [Note. It is OK to babysit on more than three occasions to reach the minimum time of five (5) hours]

1.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		

2.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		

3.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		

Babysitting Honour

4.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		

5.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		

6.

Baby's details:	Name:		
	Age:		Boy or Girl:
	Parent/s:		
Babysitting details:	Place:		
	Date:	Time spent:	
	What happened:		