

# Pathfinder Honour: Trainer's Notes

# **Crocheting**



#### **Instructions to Trainers / Instructors of this Honour**

Thankyou for being involved with this Honour. These notes have been developed to assist in teaching / instructing this honour. We recognise that there is much more information available and we are grateful that you should share your expertise.

Please remember that Honours are designed to develop our Pathfinders in many ways; their interests, their knowledge and their relationship with their Saviour and Creator. Your enthusiasm and creativity will have a huge impact on those doing the honour.

To complete an Honour, the following (where applicable) must be completed satisfactorily:

- Physical and Practical Requirements.
- Honour Workbook.
- Honour Assessment Sheet. (On SPD Honour Website but Leader's level access is required)

#### **Additional Reference Material**

http://en.wikipedia.org/wiki/Crochet http://crochet.about.com/library/blbeginners.htm Magazines, Libraries (look under Dewey System 746.434....)

#### Acknowledgements

Pathfinder Crocheting Honour Notes (Original source not known)

#### **Before starting ......**

There is a considerable disparity in terms used in crocheting, especially between the British / European and USA systems. There are some international symbols. The following tables are provided to assist. In any case, please refer to the pattern for an explanation of terms used.

Terms Used in Req. 1		British System		USA System	
Abbrev	Term Used	<u>Abbrev</u>	Term Used	<u>Abbrev</u>	Term Used
СН	Chain Stitch	СН	Chain Stitch	СН	Chain Stitch
DC	Double Crochet	DC	Double Crochet	SC	Single Crochet
DEC	Decrease	DEC	Decrease		
DTR	Double Treble	DTR	Double Treble	TR	Treble or Triple Crochet
HTR	Half Treble Crochet	HTR	Half Treble	HDC	Half Double Crochet
INC	Increase	INC	Increase		
INCL	Inclusive	INCL	Inclusive		
RND	Round	RND	Round	RND	Round
SL	Slip Stitch	SL	Slip Stitch	SL ST or SS	Slip Stitch
SP	Space	SP	Space		
ST	Stitch	ST	Stitch	ST	Stitch
STS	Stitches	STS	Stitches	STS	Stitches
TR	Treble Crochet	TR	Treble	DBC or DC	Double Crochet
TTR	Triple Treble	TTR	Triple Treble	DB TR or DBL TR	Double Treble

#### Wikipedia lists the following international symbols

chain (ch)
slip stitch (ss or sl st)

US double crochet (dc)
UK treble crochet (tr)

...and another useful stitch
US single crochet (sc)
UK double crochet (db)

REQUIREMENT 1. Define and crochet the following: CH, DC, HTR, TR, DTR, TTR, SL, ST, SP, STS, RND, INCL, INC, DEC.

CH - Chain Stitch



Make a foundation of chain stitches of about 20. Put the hook in from the front and go under the two threads.



Catch the thread with the hook as shown and pull it through the stitch.



Now you have two loops on the hook.



Yarn over as you did in Fig 2 and pull it through the two loops.



Now one loop remains on the hook. You have completed one single crochet.



Next put the hook under two top threads of the next stitch and continue as you did before.



Continue making a double crochet in every chain, then chain 1 for the turn.



Turn your work and put in the hook from the front and under two top threads of second stitch from hook and work as you did on first row. Some patterns have an instruction as yarn over (yo) to enable smooth flow of work.



In crocheting it is normal to pick up the two top threads of every stitch unless instructed otherwise.

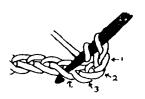
#### HTR - Half Treble Crochet

This is done by repeating the first two steps of the treble to the place where there are three loops on the hook. Thread over and pull through all three loops. Chain two to turn.

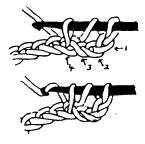


#### TR - Treble Crochet

Make a foundation of chain stitch. Thread over and put hook from front under the two top threads of the 4th chain from the hook.



Thread over and pull through the stitch. You now have three loops on the hook. Next thread over.



Pull through two loops and two loops remain on the hook. Thread over.



Pull through two loops while one loop remains. Now you have completed a treble. Thread over.



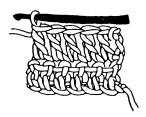
Put the hook in from the front under two top threads of the next stitch and continue like before.



Repeat across the row and at the end of the row, chain three and turn.

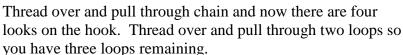


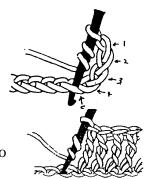
For the second and rows that follow, thread over, put the hook in from the front under two top threads of the second stitch on the previous row.



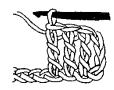
#### DTR - Double Treble

Make your foundation chain. Thread over twice and put hook in from the front under the two top threads of the fifth chain from the hook.

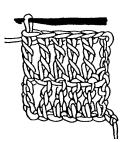




Thread over and pull through two loops so that two loops remain. Thread over and pull through two loops so only one loop remains.



For the next DTR, thread over twice and go back to step one putting hook under the two top threads of the next stitch. At the end of the row, chain four and turn.



#### TTR - Triple Treble

Thread over three times putting the hook in the stitch and drawing it through. Now five loops should be on the hook. Thread over and pull thread through two loops at a time for four times.

#### SL - Slip Stitch

This stitch should be used only for joining or where you need an invisible stitch. Put the hook in from the front through two top threads of a stitch. Thread over and pull the thread through the stitch and loop on hook with one motion.



ST - Stitch

**SP - Space** 

STS - Stitches

**RND** - Round

**INCL** - Inclusive



#### **INC** - Increase

To increase a stitch, make two stitches in one.

#### **DEC - Decrease**

Work a double crochet so that there are two loops remaining on the loop.



Put the hook in from the front and under two top threads of the next stitch. Thread over and pull through one loop.



There should now be three loops



## REQUIREMENT 2. Make squares of at least 20 stitches of the following: CH, DC, HTR, TR, DTR.

TENSION – Check this carefully before commencing your design as only correct tension will ensure the best finished specimen. If your crochet is loose, use a smaller/finer hook, if tight, use a larger size hook.

# **REQUIREMENT 3.** Show how to measure stitch gauge or row gauge on sample squares.

Before you start a crotchet project, check your crocheting against the tension given. This gives the number of stitches and rows to a given number of centimetres. Crotchet a test piece 5 cms square. If it differs from the tension, your result will not be the size specified. To check your test piece, count the horizontal stitches and vertical rows. If your sample has fewer stitches and rows to the centimetre than the tension, make a new sample with the next smaller hook. If it has more stitches and rows to the centimetre, try the next larger hook.

## REQUIREMENT 4. Know how to care for items made out of wool, orlon, nylon, and cotton.

#### Wool

Should be washed with cold water, never hot, and a cleaner made especially for wool should be used.

#### Orlon and nylon

Both of these fabrics are similar in nature. They should be washed with a gentle cycle in your washing machine or by hand. If you press, use a low heat.

#### Cotton

Use a normal wash cycle with regular detergent and press with a hot iron.

REQUIREMENT 5. Know how to make a granny square, and show something you have made using a granny square, such as a hat, scarf, pillow cover, etc.

The granny square is made from a round base; however, the easy squares that are usually made into potholders are the ones where stitches are worked back and forth until the project measures equally on all four sides. But the granny square that is made from a round core looks prettier.

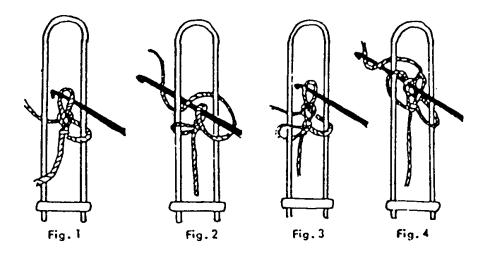
To make the easy granny square, make a row of chain stitches as long as you want one side of the square. Then go back and forth using the double crochet stitch until you have the square finished.

If you want to do the prettier granny square, make a chain of four stitches and slipstitch them together. Chain 2 and then make seven stitches into the centre of the ring. Now there is a circle of eight stitches. When going around the circle, make three increases on every other stitch. This will make the four corners.

The next time around make three more increases in the middle stitch of the previous three increases

#### REQUIREMENT 6 Show a sample of simple edging you have made out of thread.

Instructions for making simple edging or hairpin lace are as follows



Shown above are what are called staples. Hold the staple in the position shown above.

- 1. Form a loop close to the end of a ball of thread. Put the hook in the loop and wind the thread around the staple's right prong. Thread over hook and pull it through the loop.
- 2. Now raise the hook to a vertical position and turn the staple to the 'left'.
- 3. Thread over the hook and pull it through on the hook.
- 4. Put the hook in the loop of the left prong; then thread over the hook and pull loop through the two loops on the hook; thread over and pull through two loops.

South Pacific Division of SDA
Document Name: Crocheting\_Honour\_Trainer\_s\_Notes
Compiled: June 07, B Kross, J Sommerfeld, S Qld Conf. Updated: 15 Feb 09, J Sommerfeld, S Qld Conf.

**REQUIREMENT 7.** Crochet one of the following out of yarn: hat, scarf, sleeveless sweater, or slippers.

Please refer to numerous resources available such as craft Magazines etc. In Libraries, look up Dewey System 746.434......