



Pathfinder Honour: Requirements & Framework

First Aid 1 (ie Basic)

Part of Health & Science Category of Honours

Honour Patch

Part of
Master Honour



Note: As this honour is only an introduction to First Aid, no Master Awards apply

Snapshot of Honour

All of us manage to acquire bruises and missing skin as we live our lives. Unfortunately, more-serious injuries and sicknesses also occur.

The aim of this honour is to give an introduction to the principles of First Aid. Depending on the country, age is typically restricted to between 10 to 14 years.

Many countries (ie Australia) have strict legislation in relation to First Aid training; what must be taught and who is registered to train. It is most important that local legal requirements are checked first.

History:

Original Honour: 1951 Author not known.

General Conference: Reviewed 2001

South Pacific Division: Reviewed November 2009.

- John Sommerfeld, Rod Hutton (South Queensland Conference) in conjunction with the SPD Honour Committee and SPD Risk Management Services

First Aid 1 (ie Basic) Honour

Honour Framework: [Compulsory items are underlined. Others are for guidance]

#Skill Level:	Level 1
<u>Pre-requisites:</u>	<u>Please check legal requirements of your area / country</u> Note: There may be a maximum age (ie 14 years) in some countries
Preparation Time:	Average (4-8 hrs)
Physical Requirements:	Minimal
Equipment/Materials Required:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
Location:	Indoors; Outdoors
Sabbath Appropriate:	Not likely
<u>Safety & Legal Requirements:</u>	Refer to and comply with Local, State and Country Requirements. <u>Please check legal requirements of your area / country before proceeding with this honour.</u> All duty of care must be complied with.
Links to P/F Curriculum: (Cards, Speciality, Pursuits), or AO Modules	
Suggested Teaching / Presentation method(s):	Presentation and Discussion; Excursion; Practical application;
Recommended Assessment:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
List of Resources:	Please use material supplied by RTO or equivalent organisation / person.

#Skill Level. A General Conference term which broadly describes typical physical and mental development. Level 1 (Friends, Companions); Level 2 (Explorers, Rangers); Level 3 (Voyagers, Guides)

Honour Components:

Requirements:	See following page
Trainer's Notes:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
Student's Workbook:	Please use material supplied by RTO or equivalent organisation / person.
Assessment Sheet:	Please use material supplied by RTO or equivalent organisation / person.

First Aid 1 (ie Basic) Honour Requirements

IMPORTANT INFORMATION. Please read before commencing this honour

There is a world-wide trend for only accredited persons or organisations to train people in government-approved First Aid courses. Often there are serious legal consequences if these requirements are not met.

Because of the diversity of countries (and local legal requirements) in the South Pacific Division, we have included the General Conference Requirements overleaf for reference only.

For Australia

The National Training Information Service (NTIS) is the official national register of information on training packages, qualifications, courses, units of competency and Registered Training Organisations (RTOs). In relation to First Aid, NTIS approves and lists First Aid training courses. First Aid trainers must also be approved and registered by NTIS.

It is a legal requirement that only Registered Training Organisations be used for training First Aid. Most conferences have a list of First Aid RTOs in their Conference.

For First Aid see:

http://www.ntis.gov.au/Default.aspx?trainingpackage/HLT07/volume/HLT07_6/unitsector/First_Aid_803

This honour is equivalent to: HLTFA201B - Apply Basic First Aid
Competency in this course entitles a person to the First Aid 1 patch

NB: It is the responsibility of the person to remain up-to-date by completing refresher courses as stipulated.

First Aid 1 (ie Basic) Honour

Source: General Conference of SDA, 27 September 2009.

<http://qcyouthministries.org/Ministries/Pathfinders/Honors/tabid/85/agentType/View/PropertyID/200/Default.aspx>

IMPORTANT. The following General Conference requirements are included for reference throughout the South Pacific Division as required. Please check legal requirements of your area / country before proceeding with this honour.

"If residing in the United States or another country where Red Cross instruction is given satisfactorily, pass the Red Cross Examination in Basic First Aid and receive your certificate. (11-14 years of age)

OR

In British countries pass the examination in St. John Ambulance Junior First Aid examination and receive certificate for the same. (15 years and under)

OR

1. Know the causes of shock and demonstrate its proper treatment.
2. Know the proper steps for rescue breathing.
3. Know the proper procedures to assist a choking victim.
4. Know the proper procedures to assist a bleeding victim.
5. Know the pressure points and how to correctly apply pressure at these points.
6. Know the proper procedure to assist a victim of poisoning.
7. Demonstrate the proper procedure in splinting various broken bones in the body.
8. Know the proper procedure to assist a first, second, and third degree burn victim.
9. Know the proper procedure to assist a victim of a chemical burn.
10. Know what situations are likely to cause carbon monoxide poisoning and the rescue and treatment techniques for such poisoning.
11. Know the proper procedure for giving assistance to the victim of a head injury.
12. Know the proper procedure for giving aid to a victim of internal injuries.
13. Know the difference between a heart attack, stroke, epilepsy, and simple fainting, and the treatment for each.
14. Know how to prevent infection.
15. What is the proper treatment for a snake bite?
16. What is the proper treatment for animal bites?
17. What is the proper treatment for insect and spider bites?
18. What is the difference between heat exhaustion and heat stroke, and what is the treatment for each?
19. What should you do if your clothes catch fire?
20. What are the basic fire prevention principles for the home?
21. What are the basic water safety principles?
22. What are the ways to save a drowning victim without swimming?
23. What are the basic electrical safety principles?
24. How can you prevent food poisoning?"

General Conference Reference No: YOU5080 First Aid Basic