



# Pathfinder Honour: Requirements & Framework

## First Aid 2 (ie Standard)

Part of Health & Science Category of Honours

Honour Patch



Part of Health  
Master Honour



### Snapshot of Honour

First Aid. Many lives have been saved by the intelligent and timely application of First Aid. Besides this, there the knocks, scratches and minor ailments we seem to acquire from time to time. These need attention.

The aim of this honour is to give an individual competency in First Aid. Depending on the country, one must be at least 14 years of age to partake the course.

Many countries (ie Australia) have strict legislation in relation to First Aid training; what must be taught and who is registered to train. It is most important that local legal requirements are checked first.

### Honour History:

Original Honour: 1938, Author not known

General Conference: Reviewed 2001

South Pacific Division : Reviewed November 2009.

- John Sommerfeld, Rod Hutton (South Queensland Conference) in conjunction with the SPD Honour Committee and SPD Risk Management Services

## First Aid 2 (ie Standard) Honour

**Honour Framework:** [Compulsory items are underlined. Others are for guidance]

#Skill Level:	Level 2
<u>Pre-requisites:</u>	<u>Please check legal requirements of your area / country</u> Note: There may be a minimum age (ie 14 years) in some countries
Preparation Time:	Substantial (more than 8 hrs)
Physical Requirements:	Moderate
Equipment/Materials Required:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
Location:	Indoors; Outdoors
Sabbath Appropriate:	Not likely
<u>Safety &amp; Legal Requirements:</u>	Refer to and comply with Local, State and Country Requirements. <u>Please check legal requirements of your area / country before proceeding with this honour.</u> All duty of care must be complied with.
Links to P/F Curriculum: (Cards, Speciality, Pursuits), or AO Modules	
Suggested Teaching / Presentation method(s):	Presentation and Discussion; Excursion; Practical application;
Recommended Assessment:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
List of Resources:	Please use material supplied by RTO or equivalent organisation / person.

#Skill Level. A General Conference term which broadly describes typical physical and mental development.  
Level 1 (Friends, Companions); Level 2 (Explorers, Rangers); Level 3 (Voyagers, Guides)

### Honour Components:

Requirements:	See following page
Trainer's Notes:	Please use material supplied by Registered Training Organisation (RTO) or equivalent organisation / person.
Student's Workbook:	Please use material supplied by RTO or equivalent organisation / person.
Assessment Sheet:	Please use material supplied by RTO or equivalent organisation / person.

## First Aid 2 (ie Standard) Honour

# Requirements

### **IMPORTANT INFORMATION. Please read before commencing this honour**

There is a world-wide trend for only accredited persons or organisations to train people in government-approved First Aid courses. Often there are serious legal consequences if these requirements are not met.

Because of the diversity of countries (and local legal requirements) in the South Pacific Division, we have included the General Conference Requirements overleaf for reference only.

### **For Australia**

The National Training Information Service (NTIS) is the official national register of information on training packages, qualifications, courses, units of competency and Registered Training Organisations (RTOs). In relation to First Aid, NTIS approves and lists First Aid training courses. First Aid trainers must also be approved and registered by NTIS.

It is a legal requirement that only Registered Training Organisations be used for training First Aid. Most conferences have a list of First Aid RTOs in their Conference.

For First Aid see:

[http://www.ntis.gov.au/Default.aspx?trainingpackage/HLT07/volume/HLT07\\_6/unitsector/First\\_Aid\\_803](http://www.ntis.gov.au/Default.aspx?trainingpackage/HLT07/volume/HLT07_6/unitsector/First_Aid_803)

This honour is equivalent to: HLTF301B - Apply First Aid (Senior)  
*Competency in this course entitles a person to the First Aid 2 patch.*

**NB:** It is the responsibility of the person to ensure qualifications are up-to-date by completing refresher courses as stipulated.

# First Aid 2 (ie Standard) Honour

From General Conference of SDA, 17 September 2009.

<http://gcyouthministries.org/Ministries/Pathfinders/Honors/tabid/85/agentType/View/PropertyID/201/Default.aspx>

**IMPORTANT.** The following General Conference requirements are included for reference throughout the South Pacific Division as required. Please check legal requirements of your area / country before proceeding with this honour.

## **"Instructor Required**

If residing in the United States or another country in which Red Cross instruction is given, satisfactorily pass the Red Cross examination in Standard First Aid and receive your certificate. (20 hours instruction)

In British countries pass the examination in St. John Ambulance and receive certificate for the same.

Or complete the following requirements:

1. Know the basic principles for mouth-to-mouth breathing and the treatment for an obstructed airway.
2. What is the difference between a heart attack and a stroke and the treatment for each?
3. Know the proper procedure for assisting a bleeding victim.
4. Know the pressure points and how to correctly apply pressure at these points.
5. Know the proper method of applying a tourniquet and when to apply one.
6. Know the causes of shock and demonstrate its proper treatment.
7. Know the proper procedure for assisting a victim of poisoning.
8. Know the proper procedure for assisting a burn victim.
9. Know how to properly apply the following bandages:
  - a. Open and closed spiral
  - b. Figure-eight
  - c. Fingertip
  - d. Cravat bandage to the head
10. Know how to apply the following splints:
  - a. Upper arm splint
  - b. Forearm splint
  - c. Ankle splint
  - d. Kneecap splint
11. Know the proper treatment for the following:
  - a. Head injuries
  - b. Internal injuries
  - c. Gunshot wounds
  - d. Injuries to the eye
  - e. Animal and insect bites
  - f. Fainting and epilepsy
  - g. Effects of heat and cold
12. Know what to do in an electrical emergency.
13. Know how to escape from a fire.
14. Know how to obtain help in an emergency.
15. Know the proper procedure to assist a radiation-exposure victim.
16. Know the following rescue carries:
  - a. Drag by shoulder
  - b. Blanket drag
  - c. Two-person carry
  - d. Carry by extremities
  - e. Improvised litter
  - f. Three-person hammock carry
  - g. Litter carry"

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General Conference Reference No YOU5560 First Aid Standard