

# Pathfinder Honour: Trainer's Notes

# Kites 1



### Instructions to Trainers / Instructors of this Honour

Thankyou for being involved with this Honour. These notes have been developed to assist in teaching / instructing this honour. We recognise that there is much more information available and we are grateful that you should share your expertise.

Please remember that Honours are designed to develop our Pathfinders in many ways; their interests, their knowledge and their relationship with their Saviour and Creator. Your enthusiasm and creativity will have a huge impact on those doing the honour.

To complete an Honour, the following (where applicable) must be completed satisfactorily:

- Physical and Practical Requirements.
- Honour Workbook.
- Honour Assessment Sheet. (On SPD Honour Website but Leader's level access is required)

### **Additional Reference Material**

See ADDITIONAL REFERENCES on the final pages of these notes.

#### Acknowledgements

http://en.wikibooks.org/wiki/Adventist\_Youth\_Honors\_Answer\_Book/Recreation/Kites

Note: This was found to be a most useful source of information. Please be aware that material on Wikibooks or any other Website listed in these Trainer's Notes is beyond the control of the SPD.

### **REQUIREMENT 1:** Know and adhere to all safety rules for kite flying.

- 1. Never fly a kite in storms lightning can kill or cause serious burns.
- 2. Do not fly a kite near roads. You could cause an accident.
- 3. Do not fly near power lines. You could be killed by an electric shock.
- 4. Do not fly near people or animals. The spine of a kite is like an arrow travelling very fast.
- 5. Keep away from buildings and trees. Trees eat kites!
- 6. Do not fly on or near an active airport. Check for details. A 3 km (2 miles) exclusion zone is typical. There may be restrictions on the length of the flying line.

### **REQUIREMENT 2: Define the following kite terms:**

- **a. Spine:** The centre rod, or other rods that run lengthwise down a kite. Sled kites and Conyne Delta Kites have more than one spline.
- **b. Spar:** The rods used as the frame of a kite. See the cross spar in the diagram.
- **c.** Cover: Or sail; the cloth or lifting part of a kite.
- **d. Frame:** The frame makes the shape of the kite
- e. Tail: The tail is a length of material such as cotton, nylon or plastic which is attached to the kite for visual effect or to cause drag (on a single line kite) that helps with directional stability.
- **f. Flying line:** Or Tether. This is what a person holds to control the kite. It is the link between the kite and the ground.



- **g.** Bridle: Lines that form the junction between kite and flying line. The bridle transmits the commands of the kite-flier to the kite. The bridle may also be the means of giving shape to the kite in the case of soft kites.
- h. Leading Edge: That part of a kite that the wind 'hits' first.
- i. Trailing Edge: That part of a kite that the wind 'hits' last.
- j. Reel: The reel contains, and is used to let out or retrieve, the flying line.

### Other kite terms are;

**Vent:** The vent re-directs the airflow over the sail and may help to lift or stabilize the direction of the kite.

**Keel:** The keel is a triangular piece of cloth used in lieu of or as well as a bridle. It helps with directional stability just like the keel of a boat.

**Dihedral:** Dihedral is the angle formed by the lateral extremities of the kite to the horizontal; and stabilizes the line of flight.

**Bowstring:** The bowstring is tied from each end of a spar, making the spar bow-shaped, and gives the kite its dihedral

### **REQUIREMENT 3: Explain briefly how kites fly.**

The same basic principles of an aeroplane in flight apply to a kite in flight.

Wind (ie air) passes over and under a kite. This creates 'lift'- a force which tries to lift the kite upwards.

Opposing this 'lift' force is the weight of the kite etc. It is caused by gravity.

Another force at play is 'drag'- the force that tries to pull the kite in the direction of the wind.

The sum of these forces is the tension on the flying line which is being held by the person flying the kite.



The amount of lift and drag can be altered by changing the angle of attack (angle 'a' in diagram).

# **REQUIREMENT 4:** When were kites first made and flown? Name at least three ways kites have helped in scientific research and tell how each has affected the world we live in. Tell the story of Benjamin Franklin and his kite.

Approximately 2600 years ago the kite was first made and popularized in China where materials ideal for kite building were readily available: silk fabric for sail material, fine, high-tensile-strength silk for the flying line and resilient bamboo for a strong, lightweight framework.

The kite was said to be the invention of the famous 5th century BC Chinese philosophers Mozi (470-391 BC) and Lu Ban. By at least 549 AD paper kites were being flown, as it was recorded in that year that a paper kite was used to carry a message for a rescue mission.

It is almost certain that the first kites flown were in the Orient or East Indian Islands where large leaves grow. As late as the year AD1900 the villagers of Mutun on the island of Sumatra were using the dry leaves of the moon orchid to fly their fishing lines out into the deeper water of the bay to catch bigger gar. They strengthened the leaf with thin twigs and flew it on a three legged bridle in a similar fashion to the Korean kite.

Korea borders China on its northern boundary. Interestingly the Korean kite is rectangular, and the left hand simplified Chinese character for kite is similar to the Korean kite as seen from the flyer. It even shows the X spars and outline.

### **Scientific Advances**

In 1749, Scottish scientist Alexander Wilson used several kites, attached in a train, ie one above the other, to measure and compare air temperature at different altitudes.

In 1826 George Pocock invented a kite drawn carriage and, together with two of his friends in similar carriages, travelled "toll-free" 113 miles between Bristol and Marlborough, reaching speeds in excess of 30kmph (20 MPH).

The Wright Brothers experimented with kites and contributed to development of the aeroplane.

Samual Cody (born Samual Cowdery in Iowa) experimented with man lifting kites and in 1905 flew a glider. During the 1914-1918 he designed man lifting observation kites for the British army.

In the summer of 1997, researchers launched parafoil kites into the night-time sky. Radiomicrophones were suspended beneath the kites at three different locations, each separated by 300 meters. This enabled the scientists to simultaneously eavesdrop at different altitudes. These studies have enabled scientists to gain new information into the world of bats.

Kites equipped with airborne cameras can be used to map archaeological sites or to inexpensively monitor areas where erosion, sedimentation, deforestation or construction are rapidly changing the landscape.

### Ben Franklin's Kite

In June 1752, in what is the most famous of kite experiments, the American inventor and statesman Benjamin Franklin, with the aid of his son, lofted a flat kite fitted with a pointed wire and silk sail on a hemp line during a thunderstorm. Somehow both father and son avoided electrocution as a metal key attached to the flying line became electrified. Franklin proved that lightning was the natural phenomenon called electricity, not the wrath of the gods. One immediate and practical outcome of the experiment was Franklin's invention of the lightning rod.

On October 19 in a letter to England explaining directions for repeating the experiment, Franklin wrote:

'When rain has wet the kite twine so that it can conduct the electric fire freely, you will find it streams out plentifully from the key at the approach of your knuckle, and with this key a phial, or Leiden jar, maybe charged: and from electric fire thus obtained spirits may be kindled, and all other electric experiments [may be] performed which are usually done by the help of a rubber glass globe or tube; and therefore the sameness of the electrical matter with that of lightening completely demonstrated.'

### **REQUIREMENT 5:** Name some of the ways that kites might be used today.

Kites are used today for the following:

- 1. Predicting weather (carrying aloft meteorological instruments).
- 2. Carrying fishing lines well beyond the shore to deeper water or where fish shoals are.
- 3. Spaceflight (during the recovery of space vehicles)
- 4. Pulling ships at sea
- 5. Recreation (kite competitions, kite surfing etc)

### **REQUIREMENT 6: What are common causes of kite failure?**

- Lack of wind.
- Too strong a wind.
- Trees or other obstacles causing turbulence.
- Essential parts of the kite or line breaking (e.g., too powerful a wind can break spars or the kite string).

### **REQUIREMENT 7:** What should be done when a kite loops during flight?

The usual causes of a kite looping are:

- 1. Not enough dihedral. (ie the bow shape of a 'curved' kite)
- 2. Poorly bridled.
- 3. Poorly balanced.
- 4. Too much wind.

If the kite starts to misbehave when already aloft the problem is most likely to be too much wind. Release tension on the line and try to pull the kite diagonally out of the wind and closer to you. The closer you have it, the more control of it you will have too. Most importantly you must keep the kite under your control.

### **REQUIREMENT 8:** Why is a tail sometimes needed on a kite?

A kite's tail is used to add stability to the kite and keep it facing into the wind. If there is enough dihedral this will then prevent the kite from looping.

The length of a tail should be from six to nine times the length of the kite body.

Some put them on the kite so that when in the air it will wave along the wind - for decoration.

# **REQUIREMENT 9:** Know how to correctly wind line on a stick. Know how to tie broken ends together with the fisherman's knot.

### Correctly wind line on a stick.

Winding a kite line onto a straight stick without getting a large number of twists and knots onto the line is not easy and care must be taken.

First of all, get a piece of straight stick about 15-20 cm long. Tightly fasten the end of your kite line securely to the centre of the stick using two half hitches so that the line cannot slide round the stick; then wind several turns tightly onto the centre over your knot.

Now, wind the remainder of your kite line onto the stick using a figure of eight motion; looping your line over each end in turn, and letting it lie neatly close to the centre turns; whilst doing this gradually rotate the stick so that the line does not bunch up in one place.

The figure of eight motion is imperative as it puts a reverse twist on at each turn. If you do this carefully; all that you have to do to let line out is to hold the centre of the stick/ball of line and let the line off each end of the stick in turn. A word of caution – hold fast to the 'winder'. If the tug of the kite pulls it out of your hand, you may find yourself running downwind chasing a bouncing stick.

A reel is very useful for a single line kite. The line must be put onto the reel by rotating the reel and not by holding the reel still whilst looping the line over the periphery. The latter action puts a twist into the line with each turn, and with cheap line can undo the manufacturer's spinning.

Here are a couple of external links, which give some help in winding dual lines onto commercial winders.

- <u>http://www.expertvillage.com/video/3991\_winding-kite-string.htm</u>
- + http://www.ehow.com/video\_4412142\_how-wind-kite-string.html

### **Fishermans Knot:**

To tie the fisherman's knot, lay the two ends to be tied alongside each other and facing opposite ways.

Tie an overhand knot on the first rope and pass the second rope through the loop formed. Tighten the overhand knot, to prevent the line inside it from flopping around.



Then tie another overhand knot on the second rope with the first rope passing through it.

### **REQUIREMENT 10:** Make and successfully fly two of the following kites:

a. Sled kite

The sled kite was invented and patented by the American, William Allison in the 1950s. This kite helped pave the way for a class of kites known as "semi-rigid."

See: http://hilaroad.com/camp/projects/Kite/kite.html

### b. Flat kite

Note: There is no such thing a "stable, flying, flat kite."

The nearest thing to this is probably the "Indian fighter kite" as it is flat until on the wind. It is a single line kite and is allowed to rotate and float down wind, until it is pointing in the desired direction. At this time the line is pulled tight and the bridle pulls the spine forward into the wind and the kite then assumes its dihedral, stops rotating and leaps forward under the pilot's control. The profile of this kite is almost square while the two-stick frame lies on a flat plane, with the flexible cross spar (complete with both ends tapered) is bent backwards towards the tail end. Traditionally, the covering of this kite is tissue paper but more recently for the western market is made with Mylar or similar thin plastic.

Another kite which qualifies for the term "flat" is the *Delta kite*, made with, or without a spine. It depends for its stability on the pull of the line on its bridle shaped keel to deform the sail and give it its dihedral. We do not know when it was invented, but it is a possible contender for Benjamin Franklin's flat kite. It's one fault is that it has a tendency to fly directly over the head of the pilot and beyond. This fault is cured by the addition of a tail or a drogue.

### c. Two-stick diamond kite

Diamond kites (see Eddy kites, but distinguish). Diamonds types appear from mini to very large, from low-cost beginner utility to high quality state-of-the art large target control diamonds.

The classic Diamond is also a flat kite until on the wind, but here the dihedral is forced onto the cross spar by the air flow. The cross spar lies at ninety degrees to the spine, and is spaced between one fifth and a quarter of the distance from the nose. The addition of a tail (of from six to nine times the body length) compels the kite to face into the wind.

See:

http://www.skratch-pad.com/kites/make.html http://www.diynetwork.com/diy/hobbies/article/0,2033,DIY\_13951\_2273218,00.html

### d. Delta wing kite

See the earlier note under "Flat kites" as the Delta wing is flat until on the wind. As with most kites, the more accurately one half of the flying surface reflects the other, the easier it is to get it to fly true. The Delta is named after the Greek letter which it resembles in shape, if constructed without a spine. If a spine is added the profile can be altered to achieve the shape designer wishes.

By adding yet another spine and another keel, plus a strip of material between the kite is now called Delta Conyne.

To make Delta Conyne Wing Kite, see: http://www.kitemonger.com/kiteplan/sbd/index.html

### e. Eddy or Malay kite

The Malay kite is a model of tailless kite. First introduced to the West in a New York newspaper article from October 1894, the Malay kite was used for recreation for centuries before this in parts of the Far East.

The article detailed how a university professor ("Clayton") had erected a series of kites and bound them all together to one kite. These kites had no tail, were bowed and diamond shaped, and were referred to by the article writer as "Malay kites".

However, the existence of a Malay-like design may have already been heard of in the United States sometime before the publishing of the article; in the last edition of the American Boy's Handy Book, another tailless kite is described (there referred to as a "Holland" kite). The description of this kite, which was to be included as a chapter in the book, was sent in to the author sometime around 1882, eleven years before the Malay kite was mentioned in the newspaper.

Note:- to make the 'Malay' or 'Eddy' kite fly "tail less" dihedral is applied to the kite by fitting a bowline to the cross spar in like manner to that used on the Eddo, Korean, and Rocacoo.

The pre-application of bow onto the cross spar is the main difference between the classic diamond and the Eddy. The other difference is that the bow enables the Eddy to fly without a tail which the classic 'Diamond' requires.

### f. Box kite

A box kite is a high-performance kite, noted for developing relatively high lift.

The typical design has four parallel struts. The box is made rigid with diagonal crossed struts. There are two sails, or ribbons, whose width is about a quarter to one third of the length of the box.

The ribbons wrap around the ends of the box, leaving the ends and middle of the kite open.

In flight, one strut is the bottom, and the bridle is tied between the top and bottom of this strut. The dihedrals of the sails help stability.

Note:- The central gap between the sails is essential, as the air flow passing around both the inside and outside of the rear 'ribbon' has a stabilising effect and seems to give the kite more 'lift' or elevation.

Picture: http://en.wikibooks.org/wiki/File:Boxkite.svg

See: http://www.howtomakeandflykites.com/kites-to-make/the-box-kite.html





Picture: A Box Kite in flight http://en.wikibooks.org/wiki/File:Box\_Kite\_(PSF).jpg

### g. Tetrahedral kite

A tetrahedral kite is a multi-celled rigid box kite composed of tetrahedrally shaped cells. The cells are usually arranged in such a way that the entire kite is also a regular tetrahedron.

The kite can be described as a compound dihedral kite as well.

This kite was created by Alexander Graham Bell. It came about from his experiments with Hargrave's Box Kites and his attempts to build a kite that was big enough to carry both a man and a motor. Bell wrote about his discovery of this concept in the National Geographic June 1903 issue; the article was titled "Tetrahedral Principle in Kite Structure".

This style kite, while not an easy kite to make compared to the simple cross kite, is a very stable kite and is easy to fly. It flies well in moderate to heavy winds if it is properly set up.

See: <u>http://www.instructables.com/id/Tetrahedral-Kite/</u> http://www.cit.gu.edu.au/~anthony/kites/tetra/straw\_plan/

### **ADDITIONAL REFERENCES**

### Internet

Information on kites http://www.gombergkites.com

New York Kite Enthusiasts (NYKE): <u>http://www.nyke.org/</u>

Basic Kite terms

http://www.rrsd.mb.ca/ericksonelem/sokoloski/kites/making%20kites/making%20kites/basic%20kite%20t erms/basic\_kite\_terms.htm

Instructions for making a simple sled kite, included a link to a video: <u>http://hilaroad.com/camp/projects/Kite/kite.html</u>

### Making a Fox Kite

http://www.ehow.com/how\_4676947\_fox-kite.html

My Best Kite Plans (kites made from plastic bags) http://www.my-best-kite.com/kite-plans.html

Instructions: Making a Kite from one sheet of paper http://www.wikihow.com/Make-a-Fast-Kite-with-One-Sheet-of-Paper

### Books

Kites. Ron Moulton, Pelham Books Ltd, London, 1978, 203pp.

- <u>The Magnificent Book of Kites, Explorations in Design, Construction, Enjoyment & Flight.</u> Maxwell Eden, Stirling Publishing Co. Inc, New York, 2002, 457pp.
- <u>The Kite Making Handbook.</u> Rossella Guerra, Giuseppe Ferlenga, David & Charles Books, Newton Abbot UK, 2004. 144pp.

For a list of kite books, see: <u>http://en.wikipedia.org/wiki/List\_of\_books\_about\_kites</u>