



Pathfinder Honour: Requirements & Framework

Orienteering 1

Part of Recreation Category of Honours

Honour Patch



Part of Recreation
Master Honour



Also Part of Sportsman
Master Honour



Snapshot of Honour

Orienteering is a family of sports where a map and compass is used to navigate from point to point in unfamiliar surroundings. At the competitive level, speed is an important factor. However Orienteering Courses are developed to suit all levels of skill and fitness.

This is the entry level to Orienteering. You'll learn the rules applying to Orienteering in the bush plus skills relating to compass work, map reading and coming up with solutions.

There's a huge practical part. You'll meet the challenges of a number of Orienteering Courses - from Very Easy to Moderately Hard. There's a Scoring event and even a Night Course. As they say in this sport, it's cunning running. Enjoy!

Honour History:

Original Honour: Not known

General Conference: Not applicable, South Pacific Division Honour

South Pacific Division: Reviewed July 2012.

- Albert Piper (in conjunction with Orienteering Queensland), John Sommerfeld, South Queensland Conference

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Honour Framework: [Compulsory items are underlined. Others are for guidance]

#Skill Level:	Level 2
<u>Pre-requisites:</u>	Nil
Preparation Time:	Substantial (more than 8 hrs)
Physical Requirements:	Moderate / Exhaustive
Equipment/Materials Required:	Orienteering maps & compass. Appropriate clothing and footwear. Water container, sun protection etc. Distance-measuring tools.
Location:	Indoors; Outdoors; Excursion etc
Sabbath Appropriate:	Not likely, however there are many spiritual applications that may be drawn – viz. staying on course, final destination etc
<u>Safety & Legal Requirements:</u>	Refer to and comply with Local, State and Country Requirements. All duty of care must be complied with.
Links to P/F Curriculum: (Cards, Speciality, Pursuits), or AO Modules	
Suggested Teaching / Presentation method(s):	Presentation and Discussion; Excursion; Practical application;
Recommended Assessment:	Workbook & Assessment Sheet which has a checklist of practical requirements and a short test to check knowledge of the honour.
List of Resources:	See Trainer's Notes

#Skill Level. A General Conference term which broadly describes typical physical and mental development. Level 1 (Friends, Companions); Level 2 (Explorers, Rangers); Level 3 (Voyagers, Guides)

Honour Components:

Requirements:	See following page
Trainer's Notes:	Orienteering 1 Honour Trainer's Notes Orienteering Map – Brookland's Paddock
Student's Workbook:	Orienteering 1 Honour Workbook
Assessment Sheet:	Orienteering 1 Honour Assessment (On SPD Honour Website but Leader's level access is required)

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Requirements

Source: South Pacific Division (SPD) Honour

Note: There have been a number of versions of this honour. The following requirements have been developed in conjunction with Orienteering Queensland and trialled over the past few years. This honour is not to be confused with the General Conference *Orienteering Honour* which is similar to the *SPD Map & Compass Honour*

Section 1 - Theory

1. What is 'Orienteering'?
2. Name three disciplines of Orienteering
3. List the items required for Orienteering using the following headings:
 - a. Clothing
 - b. Footwear
 - c. Equipment
4. Describe the basic rules and safety considerations for Orienteering
5. Explain the different levels of difficulty for Orienteering courses.
6. Explain what to do on a typical Orienteering Course
7. Explain the symbols used on a typical Orienteering map.
8. Name the parts of a typical compass used for Orienteering
9. Demonstrate how to orientate a map using land features and a compass.
10. Show your understanding of the following:
 - a. Land formations and contour lines
 - b. The scale used on Orienteering maps
 - c. Handrails. List four possible handrails you could follow.
 - d. The use of Attack Points
 - e. Aiming Off
11. Complete a theoretical orienteering exercise

Section 2 – Practical

12. Find your own pace count
13. Show how to find the direction of travel (setting a compass bearing)
14. Complete each of the following courses at least once:
 - a. Blue (Very Easy) Course.
 - b. Green (Easy) Course.
 - c. Orange (Moderate) Course
 - d. Scored Event.
 - e. Night Course.

Note: Those who like a challenge and who wish to improve their Orienteering skills are encouraged to do a Red (Hard) Course. This is not required for this level of Orienteering.
15. Prepare a 'Room Orienteering Map' and run an event based on this map.

General Conference Reference No: Nor Applicable (SPD Honour)