



Pathfinder Honour: Requirements & Framework

Skiing Downhill 1

Part of Recreation Category of Honours

Honour Patch



Part of Sportsman
Master Honour



Also Part of Recreation
Master Honour



Snapshot of Honour

Downhill skiing is an exciting winter sport that is enjoyed by many people around the world. For those of us who live in warm climate, skiing takes us to a winter wonderland where we see another side of God's amazing creation.

The aim of this honour is to give an introduction to downhill skiing.

You will learn about the equipment necessary to participate in downhill skiing. You will also become familiar with the safety guidelines which are important in making downhill skiing such a fun sport. You will enjoy travelling faster than you can run. And most of all you will have a heap of fun.

Honour History:

Original Honour: 1938, Author/s not known

General Conference: Reviewed 2001

South Pacific Division : Reviewed May 2014

- Rob Hansford, South Queensland Conference
- Roxanne Bailey, North New South Wales Conference
- John Sommerfeld, South Queensland Conference

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Honour Framework: [Compulsory items are underlined. Others are for guidance]

#Skill Level:	Level 2
<u>Pre-requisites:</u>	Nil
Preparation Time:	Minimal (1-2hrs); See Safety & Legal Requirements
Physical Requirements:	Moderate
Equipment/Materials Required:	Skiing equipment, appropriate clothing and protective equipment for snow skiing
Location:	Outdoors
Sabbath Appropriate:	Not likely
<u>Safety & Legal Requirements:</u>	Refer to and comply with Local, State and Country Requirements. All duty of care must be complied with. The use of competent instructor/s is strongly recommended.
Links to P/F Curriculum: (Cards, Speciality, Pursuits), or AO Modules	
Suggested Teaching / Presentation method(s):	Practical application
Recommended Assessment:	Workbook & Assessment Sheet which has a checklist of practical requirements and a short test to check knowledge of the honour.
List of Resources:	See Trainer's Notes

#Skill Level. A General Conference term which broadly describes typical physical and mental development. Level 1 (Friends, Companions); Level 2 (Explorers, Rangers); Level 3 (Voyagers, Guides)

Honour Components:

Requirements:	See following page
Trainer's Notes:	Skiing Downhill 1 Trainer's Notes
Student's Workbook:	Skiing Downhill 1 Workbook
Assessment Sheet:	Skiing Downhill 1 Assessment (On SPD Honour Website but Leader's level access is required)

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Requirements

Source: General Conference of SDA, 10 June 2014.

<http://gcyouthministries.org/Ministries/Pathfinders/Honors/tabid/85/agentType/View/PropertyID/329/Default.aspx>

Note: The Requirements listed on the above General Conference website (which are provided overleaf for reference only) have been thoroughly reviewed by the South Pacific Division and now vary significantly from those listed at this site.

IMPORTANT: The use of competent instructor/s is strongly recommended.

- 1 In a few words describe the meaning of the term 'Skiing Downhill'.
- 2 Define and explain each level of the Ski Trail Difficulty Ratings where you are to ski; for example in Australia, New Zealand and North America:
 - a. Green Circle
 - b. Blue Square
 - c. Black Diamond
 - d. Double Black Diamond
 - e. Variations
 - f. Terrain Parks
- 3 List and explain the Australian Alpine Responsibility Code (or equivalent). Demonstrate your observance of such throughout requirements 7 & 8.
- 4 Define the following downhill skiing terms:
 - a. Piste
 - b. Off-piste
 - c. Mogul
 - d. Powder
 - e. Magic carpet
 - f. White out
- 5 Briefly describe the following essential equipment for downhill skiing and how to keep it in good condition:
 - a. Skis
 - b. Bindings
 - c. Boots
 - d. Helmet
 - e. Poles
 - f. Skin and eye protection
 - g. Appropriate clothing, including layering
- 6 Memorise one Bible passage that mentions the word 'snow'.
- 7 Know and demonstrate how to load and unload on a chairlift safely.
- 8 Demonstrate your ability to ski, in good form, on numerous intermediate-graded slopes. Skills displayed must include all of the following:
 - a. Starting turns in a wedge and ending the turn parallel
 - b. Adequate stopping techniques
 - c. Control over ski direction at all times.

General Conference Reference No YOU6340

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Skiing Downhill Honour Requirements

General Conference of SDA, 10 June 2014. Reference No YOU6340

<http://gcyouthministries.org/Ministries/Pathfinders/Honors/tabid/85/agentType/View/PropertyID/329/Default.aspx>

The following General Conference requirements are provided for reference only.

1. Name the four materials most commonly used in the construction of skis.
2. Be able to execute with good form and ability the following: stem, glide, and kick-turn. Also show ability to use ski poles correctly.
3. Applicant may have choice of a. or b.
 - a. Demonstrate ability to jump at least 25 feet with good form. Form is to be judged according to regular standards of ski jumping.
 - b. Ride in good form a moderately difficult slalom course with at least two jumps and six turns in it.
4. Write or give orally to the examiners a brief statement about skiing, including the following subjects: the proper clothing to wear, equipment, your own reaction to skiing as a healthful hobby, and the thrills you have experienced.