

COMPANION record



NAME.....

ADDRESS.....

AGE..... PATHFINDER CLUB.....

REQUIREMENTS

SIGNATURE/DATE MET

GENERAL

1. Be eleven years old and/or in Year 6 or its equivalent.
2. Be an active member of Pathfinders.
3. Learn or review the meaning of the Pledge and illustrate it's meaning in an interesting way.
4. Have a current Book Club Certificate and write at least a paragraph of review on one book of your choice.

ADVANCED

Know the composition and proper use of your national flag.

BIBLE SEARCH

1. Memorise the Old Testament books of the Bible and know the five areas into which the books are grouped. Demonstrate your ability to find any given book.
2. Have a current Memory Gem Certificate.
3. Know and explain Psalm 23 or Psalm 46.
4. In consultation with your leader, choose one of the following Old Testament characters: Joseph, Jonah, Esther or Ruth. Discuss with your group, Christ's loving care and deliverance as shown in the story.

ADVANCED

Know different methods of purifying water and demonstrate your ability to build a camp shelter. Consider the significance of Jesus as the Water of Life and as our refuge place.

SERVING OTHERS

1. By consultation with your leader, work out ways to spend at least two hours in your community demonstrating in a consistent manner, real companionship to someone else.

REQUIREMENTS**EXAMINER/DATE MET**

2. Spend at least one hour participating in a project that will benefit the community or your church.

ADVANCED

Spend at least five hours in community service.

CHURCH HERITAGE

View the audiovisual presentation entitled "The Midnight Cry", and discuss as a class the events and personalities that led to the establishment to the Seventh-day Adventist Church.

OR View Episode 3 "The Great Expectation" from the "Keepers of the Flame" video series and complete the Companion work sheet "Standing True".

ADVANCED

Complete the crossword puzzle based on the audiovisual "The Midnight Cry" OR Complete the Advanced Companion work sheet "Standing True" based on the video "The Great Expectation".

HEALTH AND FITNESS

1. Memorise and explain 1 Corinthians 9:24-27.

2. Discuss with your leader physical fitness and regular exercise as they relate to healthful living.

3. Learn about the detrimental effects of smoking on health and fitness; and write your own pledge of commitment to abstaining from the use of tobacco.

4. Complete the Advanced Beginner's Swimming Honour.

ADVANCED

1. *Hike eight kilometers and keep a log.*

2. *Attend a 5-Day Plan, OR view two films, OR make a poster, OR help prepare a display for a show, etc.*

NATURE STUDY

1. Identify and describe seven birds and seven trees.

2. Complete one of the following honours: Birds, Domestic Animals, Ferns, Insects, Poultry, Shells, Trees and Shrubs.

3. Participate in nature games, OR participate in a one-hour nature walk.

ADVANCED

Identify and describe twelve birds and twelve trees.

CAMPING AND SURVIVAL SKILLS

1. Find the eight general directions without the aid of a compass, by using the stars, and by using a watch.

2. Participate in a two-night camp out. Know at least six points relative to the selection of a campsite.

3. Learn or review the friend knots. Tie and know the practical use of the following knots: Sheet Bend, Sheepshank, Fisherman's Knot, Timber Hitch, Taut Line Hitch. Learn three basic lashings.

4. Pass a test in Companion First Aid.

ADVANCED

1. *Build five different fires and describe their uses. Discuss the safety rules in lighting fires.*

2. *Cook a camp meal without utensils.*

3. *Prepare a knot board with at least fifteen different knots.*

PATHFINDER COMPANION CLASS COMPLETION

CLUB DIRECTOR.....

DISTRICT DIRECTOR.....

CONFERENCE YOUTH DIRECTOR.....

DATE INVESTED.....

NOTE: This card must be presented to the Conference Youth Director at the time of the Investiture service. This card becomes the property of the Pathfinder club for future reference and the Pathfinder Passport is stamped with the conference "INVESTED" stamp.