



Class Requirements Workbook

Pathfinder:

Teacher:

FRIEND

COMPANION

EXPLORER

RANGER

VOYAGER

GUIDE

South Pacific Division Discipleship Youth Ministries



Ranger Class Requirements Workbook Upgrade 2021

Class Requirements based on the Standard Curriculum (also known as the Card System)

PRODUCED BY:

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Seventh-day
Adventist Church™

South Pacific



Ranger Requirements

GENERAL

1. Be 13 years of age and/or in Year 8 or its equivalent.
2. Memorise and understand the Adventist Youth Aim and Motto.
3. Be an active member of Pathfinders.
4. Select and read three books of your choice from the Teen Book Club list.

ADVANCED

Know the proper formation and movement of the colour guard.

SPIRITUAL DISCOVERY

1. Discover in a group discussion:
 - a. What Christianity is.
 - b. The marks of a true disciple.
 - c. The forces involved in becoming a Christian.
2. Participate in a Bible-marking program on the inspiration of the Bible.
3. View an audio/visual on creation, and discuss the arguments for evolution and Biblical creation, and how life began.
4. Have a current Memory Gem certificate.

COMMUNITY OUTREACH

1. Under the direction of your leader, participate at least once in two different types of outreach programs.
2. Discuss how a Christian Adventist youth relates to others at school, including sharing and witnessing.

CHURCH LIFE

1. Attend at least one church business meeting. Prepare a brief report for discussion in your group.
2. With your group, make plans for social activity at least once a quarter.
3. Enrol at least three people in a Bible correspondence course OR talk to someone about Jesus three times in a fortnight OR prepare three brief Bible studies and present one to your peer group OR select two different methods, and using two different subjects, mark at least 10 different Bible texts for each subject.

ADVANCED

Conduct two Bible studies with non-Seventh-day Adventists.

OR Attend two Bible studies conducted by your church pastor or a layman.

HISTORICAL PERSPECTIVE

View the audio/visual presentation "The Spread of the Advent Message", and discuss as a group the major highlights from it.

OR View Episode "The Reformers" from the "Keepers of the Flame" video series and complete the Ranger worksheet "Standing Tall."

ADVANCED

Complete the crossword puzzle based on the audio/visual "The Spread of the Advent Message."

OR View Episode 5 "The Weakest of the Weak" from the "Keepers of the Flame" video series and complete the Advanced Ranger worksheet "Weakest of the Week."

**PERSONAL GROWTH**

In group discussion and by personal inquiry, examine your attitudes to two of the following topics:

1. Self-confidence
2. Friendship
3. Social Graces
4. Willpower

**HEALTH AND FITNESS**

1. Discuss the principles of physical fitness. Provide an outline of your daily exercise program. Write out and sign a personal pledge of commitment to a regular exercise program.
2. Discuss the natural advantages of living the Adventist Christian lifestyle in accordance with Biblical principles.

ADVANCED

Participate in one of the following activities:

- a. Hike fifteen kilometres and keep a log.
- b. Ride a horse fifteen kilometres.
- c. Go on a one-day canoe trip.
- d. Cycle eighty kilometres.
- e. Swim one kilometre.

**OUTDOOR LIVING**

1. Build and demonstrate the use of a reflector oven by cooking something.
2. Participate in a two-night camp-out. Be able to pack a pack or rucksack correctly. Include personal gear and food sufficient for your participation in a two-night camp-out.
3. Pass a test in Ranger First Aid

ADVANCED

1. Complete the Map and Compass honour.
2. Be able to light a fire on a rainy day or in the snow. Know where to get the dry material to keep it going. Demonstrate ability to properly tighten and replace an axe or tomahawk handle.
3. Complete one of the following requirements:
 - a. Know on sight, prepare and eat ten varieties of wild plant foods.
 - b. Be able to identify through photographs, sketches, pictures or real life, one of the following categories: 25 tree leaves; 25 rocks and minerals; 25 wildflowers; 25 butterflies; 25 moths; 25 shells.
 - c. Be able to send and receive 35 letters a minute by semaphore code.
 - d. Be able to send and receive 15 letters a minute by wigwag using the international Morse code.
 - e. Be able to send and receive Matthew 24 in sign language for the deaf.
 - f. Take part in a simple emergency search and rescue operation using two-way radios.



REQUIREMENT 1

BE 13 YEARS OF AGE AND/OR IN YEAR 8 OR ITS EQUIVALENT.

Date: _____

Supervisor's Signature: _____



REQUIREMENT 3

BE AN ACTIVE MEMBER OF PATHFINDERS.

Date: _____

Supervisor's Signature: _____



REQUIREMENT 4

SELECT AND READ THREE BOOKS OF YOUR CHOICE FROM THE TEEN BOOK CLUB LIST.

BOOK ONE

Title of Book _____

Author _____

Publisher _____

Year and ISBN _____

BOOK TWO

Title of Book _____

Author _____

Publisher _____

Year and ISBN _____

BOOK THREE

Title of Book _____

Author _____

Publisher _____

Year and ISBN _____

Date: _____

Supervisor's Signature: _____



REQUIREMENT 2

MEMORISE AND UNDERSTAND THE ADVENTIST YOUTH AIM AND MOTTO.

Aim: "The advent message to all the world in this generation."

Motto: "The love of Christ constraineth us."

What is the Advent Message?

What is the world?

What is my relationship to it?

The meaning of 'constraineth': 2 Corinthians 5:14.

Date: _____

Supervisor's Signature: _____



KNOW THE PROPER FORMATION AND MOVEMENT OF THE COLOUR GUARD.

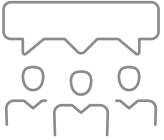
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View: The Drill & Flag Ceremonies, [Chapter 13: Club Flag Ceremonies](#)





REQUIREMENT 1

DISCOVER IN A GROUP DISCUSSION:

- A. WHAT CHRISTIANITY IS?
- B. THE MARKS OF A TRUE DISCIPLE.
- C. THE FORCES INVOLVED IN BECOMING A CHRISTIAN.

Discussion Summary:

Write down your thoughts on the above:





REQUIREMENT 2

PARTICIPATE IN A BIBLE-MARKING PROGRAM ON THE INSPIRATION OF THE BIBLE.



Suggested honour (if not already achieved): [Bible Marking Honour](#)



1. Demonstrate how he/she proves the Bible true and lead out in the marking of seven to ten key texts.

2. Discuss the meaning of Revelation/Inspiration.

3. Select seven (7) or more Bible texts that help you understand the divine origin and purpose of the Bible.

Date: _____ Supervisor's Signature: _____





REQUIREMENT 3

VIEW AN AUDIO VISUAL ON CREATION, AND DISCUSS THE ARGUMENTS FOR EVOLUTION AND BIBLICAL CREATION, AND HOW LIFE BEGAN.

Discussion Summary:

Date: _____ Supervisor’s Signature: _____





REQUIREMENT 4

HAVE A CURRENT MEMORY GEM CERTIFICATE.

I passed my memory gem test on: _____

Supervisor's Signature: _____



REQUIREMENT 1

**UNDER THE DIRECTION OF YOUR LEADER,
PARTICIPATE AT LEAST ONCE IN TWO DIFFERENT
TYPES OF OUTREACH PROGRAMS.**

(Include additional pages to this workbook, may include photos etc.)

Name of Outreach Program 1:

Place: _____ Date: _____

Write a summary of the event you assisted in and the role you played in this event:

Name of Outreach Program 2:

Place: _____ Date: _____

Write a summary of the event you assisted in and the role you played in this event:

Supervisor's Signature: _____





REQUIREMENT 2

DISCUSS HOW A CHRISTIAN ADVENTIST YOUTH RELATES TO OTHERS AT SCHOOL, INCLUDING SHARING AND WITNESSING.

What would you do if some of the students at your church school:

1. Tried to get you to smoke and/or drink:
 - a. Tell the teacher
 - b. Do nothing
 - c. Preach to them
 - d. Talk to each one personally, expressing your concern
2. Didn't respond in a Week of Prayer:
 - a. Talk about them
 - b. Chide them for not doing so
 - c. Try to befriend them
 - d. Pray for them
 - e. Tell your friends to have nothing to do with them.
3. Weren't Seventh-day Adventist:
 - a. Keep well away from them.
 - b. Invite them to church.
 - c. Make them feel they belong.
 - d. Encourage them to join Pathfinders.
 - e. Tell them they'd be better off at a state school.
4. Were very lonely and felt left out:
 - a. Ignore them
 - b. Try to befriend them.
 - c. Encourage others to take an interest in them.
 - d. Poke fun at them.
 - e. Include them in every activity you can
5. Asked you to go to an inappropriate movie with them:
 - a. Tell them that you'll tell on them.
 - b. Pretend you didn't hear.
 - c. Go rather than create a fuss.
 - d. Preach at them
 - e. Say a polite "no" and express why you choose not to go
 - f. Go and enjoy it.

Discussion Summary:

Date: _____ Supervisor’s Signature: _____





REQUIREMENT 1

ATTEND AT LEAST ONE CHURCH BUSINESS MEETING. PREPARE A BRIEF REPORT FOR DISCUSSION IN YOUR GROUP.

Date: _____ Time: _____

Place: _____ Number Attending: _____

Chairperson: _____

Clerk: _____

Reports were given by the following departments:

General Items

My Comments

Date: _____

Supervisor's Signature: _____





REQUIREMENT 2

WITH YOUR GROUP, MAKE PLANS FOR SOCIAL ACTIVITY AT LEAST ONCE A QUARTER.

(Include additional pages to this workbook, may include plans, brainstorming, photos etc.)

Social Activity Planning:

Date: _____

Supervisor's Signature: _____



REQUIREMENT 3

- ENROL AT LEAST THREE PEOPLE IN A BIBLE CORRESPONDENCE COURSE OR
- TALK TO SOMEONE ABOUT JESUS THREE TIMES IN A FORTNIGHT OR
- PREPARE THREE BRIEF BIBLE STUDIES AND PRESENT ONE TO YOUR PEER GROUP OR
- SELECT TWO DIFFERENT METHODS, AND USING TWO DIFFERENT SUBJECTS, MARK AT LEAST 10 DIFFERENT BIBLE TEXTS FOR EACH SUBJECT.

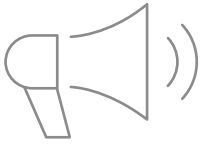
Date: _____ Supervisor's Signature: _____



- CONDUCT TWO BIBLE STUDIES WITH NON-SEVENTH-DAY ADVENTISTS OR
- ATTEND TWO BIBLE STUDIES CONDUCTED BY YOUR CHURCH PASTOR OR A LAYMAN.

Date: _____ Supervisor's Signature: _____

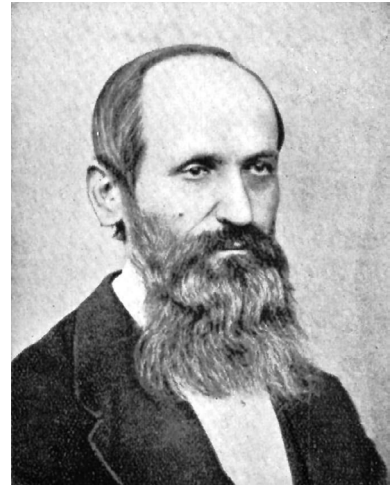




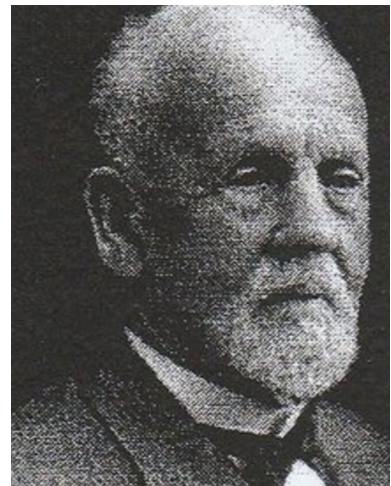
REQUIREMENT

VIEW THE AUDIO/VISUAL PRESENTATION “THE SPREAD OF THE ADVENT MESSAGE”, AND DISCUSS AS A GROUP THE MAJOR HIGHLIGHTS FROM IT.

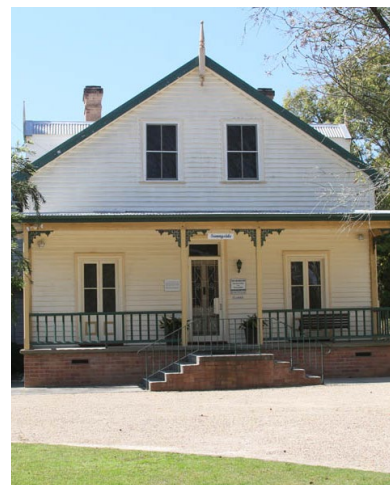
Discussion Summary



The first unofficial Seventh-day Adventist missionary was Michael Czechowski.



Edward Hare, one of the first New Zealanders converted to the Advent Message.



Ellen White's "Sunnyside" home.

Date: _____ Supervisor's Signature: _____



REQUIREMENT

VIEW EPISODE 2 “THE REFORMERS” FROM THE “KEEPERS OF THE FLAME” SERIES AND COMPLETE THE RANGER WORKSHEET “STANDING TALL.”



View: [The Reformers](#) - Keepers of the Flame (Hope Channel)



Standing Tall

QUESTIONS:

As you watch this “Standing Tall” video see if you can fill in the mission personalities from the commentary. Just in case you are having difficulty spelling the names, they are listed at the end of the section.

1. The year before _____ nailed his thesis to the Castle Church door. (12 across)
2. The Reformation began in Switzerland with the preaching of _____. (14 across)
3. _____ was called by some of the Luther of the French. (9 across)
4. _____ was the pastor and professor in Geneva. (3 across)
5. _____ was Calvin’s successor and biographer. (2 down)
6. One such student who came as a refugee from Scotland was _____. (16 across)
7. The Scottish gospel preacher _____ was martyred in front of the castle of St. Andrews. (13 across)
8. The new monarch of Scotland _____. (6 across)
9. Henry’s daughter _____ came to the English throne in 1553 and immediately set about returning England to the Roman Church. (12 down)
10. _____, bishop of London. (10 down)
11. _____, a chaplain to Henry VIII. (15 down)
12. _____, the first Protestant archbishop of Canterbury. (7 across)



At the time of this portrait, about 1550, Calvin had made Geneva into a Puritan City of God.



Beza took a special interest in the Waldensians of Piedmont, Italy.



Thomas Cranmer, leader of the English Reformation.

A crossword puzzle grid with 17 numbered starting points for clues. The grid consists of white squares for letters and empty spaces for gaps. The numbers are as follows:

- 1: Down, top right corner.
- 2: Down, middle right.
- 3: Across, middle right.
- 4: Across, middle left.
- 5: Down, center.
- 6: Across, middle right.
- 7: Across, middle left.
- 8: Across, middle left.
- 9: Across, middle left.
- 10: Down, middle right.
- 11: Across, middle left.
- 12: Across, middle left.
- 13: Across, middle left.
- 14: Across, middle left.
- 15: Down, middle left.
- 16: Across, bottom left.
- 17: Across, bottom center.

13. _____ ascended to the throne and ushered in the dawn of England's "Golden Age". (5 down)
14. The greatest invasion force the world has ever seen was prepared by _____. (1 down)
15. Under the leadership of _____ the English fleet put to sea and engaged the enemy. (8 across)
16. Those who based their religion upon the scripture became known as _____. (17 across)
17. Before they sailed from Holland in 1620, their pastor, _____ delivered his farewell sermon. (4 across).
18. In February 1798, _____ and the French army entered Rome and took the Pope prisoner. (11 across)



Philip II of Spain

CLUES:

The names that are contained in the crossword puzzle are listed so that you can make sure your spelling is correct. These names are not in any particular order.

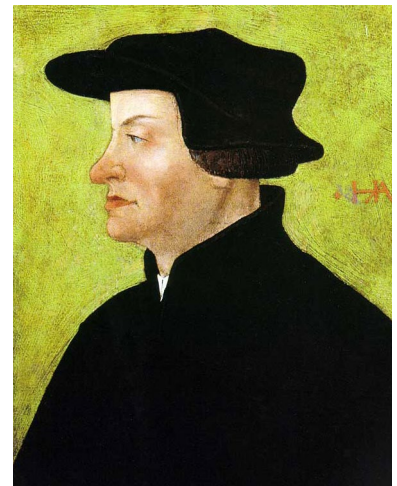
- | | |
|--|--|
| <input type="checkbox"/> WILLIAM FAREL | <input type="checkbox"/> JOHN CALVIN |
| <input type="checkbox"/> MARTIN LUTHER | <input type="checkbox"/> NICHOLAS RIDLEY |
| <input type="checkbox"/> QUEEN ELIZABETH I | <input type="checkbox"/> JOHN ROBINSON |
| <input type="checkbox"/> ULRICH ZWINGLI | <input type="checkbox"/> MARY TUDOR |
| <input type="checkbox"/> PURITANS | <input type="checkbox"/> SIR FRANCIS DRAKE |
| <input type="checkbox"/> THEODORE BEZA | <input type="checkbox"/> GENERAL BERTHIER |
| <input type="checkbox"/> GEORGE WISHART | <input type="checkbox"/> THOMAS CRANMER |
| <input type="checkbox"/> PHILIP II | <input type="checkbox"/> JOHN KNOX |
| <input type="checkbox"/> QUEEN MARY | |

Date: _____

Supervisor's Signature: _____



Queen Elizabeth I



Ulrich Zwingli



VIEW EPISODE 5 “THE WEAKEST OF THE WEAK” FROM THE “KEEPERS OF THE FLAME” VIDEO SERIES AND COMPLETE THE ADVANCED RANGER WORKSHEET “WEAKEST OF THE WEEK.”



View: [Weakest of the Weak](#)
Keepers of the Flame (Hope Channel)



Ellen Harmon: This is Your Life

Date of Birth: _____

Place of Birth: _____

Parents: Father: _____

 Mother: _____

Parents' Occupation: _____

Number of Children in the Family: _____

Church Affiliation: _____

Provide the street name and town where Ellen was living at the time of her accident:

What was the name of the school that she attended? _____



Date of Baptism: _____

Date of Expulsion from the Church: _____

Reason for the Expulsion: _____

Health Record: _____

Date of the First Vision: _____

Place: _____

Date of Marriage: _____

Husband's Name: _____

Husband's Occupation: _____

What was the First Vision About?

Were the Visions about Bible truths given before they were discovered in the Bible or after?

What was William Foy's reaction to Ellen Harmon's sharing of the vision?

In your opinion do you consider that she was a prophet?

Yes

No

Maybe

Not sure

Date: _____

Supervisor's Signature: _____





REQUIREMENT

IN GROUP DISCUSSION AND BY PERSONAL INQUIRY, EXAMINE YOUR ATTITUDES TO TWO OF THE FOLLOWING TOPICS:

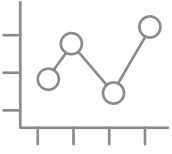
- 1. SELF-CONFIDENCE**
- 2. FRIENDSHIP**
- 3. THE SOCIAL GRACES**
- 4. WILLPOWER**

Topic One _____

Topic Two _____

Date: _____ Supervisor's Signature: _____





REQUIREMENT 1

DISCUSS THE PRINCIPLES OF PHYSICAL FITNESS. PROVIDE AN OUTLINE OF YOUR DAILY EXERCISE PROGRAM. WRITE OUT AND SIGN A PERSONAL PLEDGE OF COMMITMENT TO A REGULAR EXERCISE PROGRAM.

Principles of Physical Fitness:

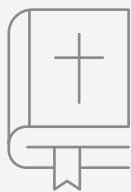
Discussion Summary:

WRITE OUT AND SIGN A PERSONAL PLEDGE OF COMMITMENT TO A REGULAR EXERCISE PROGRAMME.

Design / stick your pledge card below:

	GOAL				ACTUAL			
Sunday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level
Monday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level
Tuesday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level
Wednesday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level
Thursday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level
Friday	Type of exercise	Time	Distance	Level	Type of exercise	Time	Distance	Level





REQUIREMENT 2

DISCUSS THE NATURAL ADVANTAGES OF LIVING THE ADVENTIST CHRISTIAN LIFESTYLE IN ACCORDANCE WITH BIBLICAL PRINCIPLES.

“Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power – these are the true remedies”. Ministry of Healing, page 127.

One of the principal aids to good appearance is good health.

The divine will for us is also “that you may...be in health, just as your soul prospers.” (3 John 2, NKJB)

Discussion Summary:

Date: _____ Supervisor's Signature: _____





PARTICIPATE IN ONE OF THE FOLLOWING ACTIVITIES:

- A. HIKE FIFTEEN KILOMETRES AND KEEP A LOG.**
- B. RIDE A HORSE FIFTEEN KILOMETRES.**
- C. GO ON A ONE-DAY CANOE TRIP.**
- D. CYCLE EIGHTY KILOMETRES.**
- E. SWIM ONE KILOMETRE.**

A. Hike fifteen kilometres and keep a log.

HIKE LOG BOOK

Date: _____ Time: _____ Place: _____

B. Ride a horse fifteen kilometres.

Date: _____ Place: _____

C. Go on a one-day canoe trip.

Date: _____ Place: _____

D. Cycle eighty kilometres.

Date: _____ Place: _____

E. Swim one kilometre

Date: _____ Place: _____

Date: _____

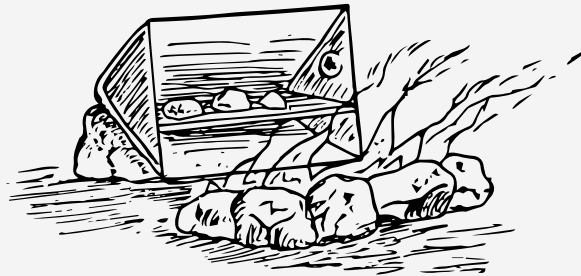
Supervisor's Signature: _____



REQUIREMENT 1

BUILD AND DEMONSTRATE THE USE OF A REFLECTOR OVEN BY COOKING SOMETHING.

(Include additional pages to this workbook, may include photos etc.)



What I cooked in the reflector oven:

Ingredients:

Method:

What it tasted like

Date: _____

Supervisor's Signature: _____



REQUIREMENT 2

PARTICIPATE IN A TWO-NIGHT CAMP-OUT. BE ABLE TO PACK A PACK OR RUCKSACK CORRECTLY. INCLUDE PERSONAL GEAR AND FOOD SUFFICIENT FOR YOUR PARTICIPATION IN A TWO-NIGHT CAMP-OUT.

What do I really need?

You will need:

- | | |
|---|---|
| <input type="checkbox"/> Something to eat with | <input type="checkbox"/> Something to keep warm in |
| <input type="checkbox"/> Something to sleep in | <input type="checkbox"/> Something to have fun in |
| <input type="checkbox"/> Something to keep dry in | <input type="checkbox"/> Something to keep clean with |

Make a list of what you would take on your two-night camp-out:

I am able to pack a pack or rucksack correctly.

Date: _____

Supervisor's Signature: _____



REQUIREMENT 3

PASS A FIRST AID COURSE FOR TEENS



Highly recommend: [First Aid Honour 1, 2 or 3](#)



Important Information

Throughout the SPD we have a wide diversity of countries and local legal requirements. Local requirements are changing regularly.

There is a world-wide trend for only accredited organisations or persons to train people in First Aid using government-approved courses. Often there are serious legal consequences if these requirements are not met.

Everyone must check and comply with the legal requirements of their area / country.

Date: _____

Supervisor's Signature: _____



REQUIREMENT 3

PASS A TEST IN RANGER FIRST AID.

Theory ► Multiple choice ► Attempt all questions.

1. What do the letters DRSABC stand for in First Aid? Describe an action for each letter.

D _____

R _____

S _____

A _____

B _____

C _____

2. You discover a hiker along the track near the camp. He is unconscious. You know that there will be a group returning from their walk in 20 minutes. What would you do?

- Place the patient on his back and stay with him.
- Place the patient in the recovery position and stay with him.
- Place the patient in the recovery position and run back to the camp for help.
- Do nothing until the camp director or doctor arrives.

3. In attempting to free a person from a live electrical wire which it has been impossible to turn off at the source, it is best to:

- Hold him firmly by the hand before attempting to release him.
- Use a dry coat or other non-conductive material in helping to release him.
- Leave the person until the rescue van or ambulance arrives.
- Ring emergency services for help.

4. You are called to treat a person who is suspected of having taken some corrosive poison. The person is conscious, lying on his back and is obviously in shock. Your first action would be to:

- Give an emetic, preferably Syrup of Ipecac.
- Give copious amounts of milk.
- Call Emergency Services OR Poison Hotline for instruction.
- Ask the person what happened.

5. To obviate the dangers of poisoning especially with small children, it is best to store poisons:

- a. Open containers, properly labelled.
- b. And sealed containers, properly labelled.
- c. In a locked cupboard.
- d. On a high shelf in the garage.

6. The most important thing in the treatment of poisoning is:

- a. To save any containers that may be near the patient.
- b. To wash the skin so that all traces of the poison disappear.
- c. To remain calm and not panic.
- d. To make certain that an emetic is not given for a corrosive poison.

7. Kerosene is a common poison. It is best treated by:

- a. Giving an emetic such as Spirit of Ipecac.
- b. Call Emergency Services OR Poison Hotline for instruction.
- c. Giving an emetic and then plenty of milk.
- d. Getting plenty of milk but definitely no emetic.

8. If a poison such as a pesticide is absorbed through the skin and not taken through the mouth you should first:

- a. Get the patient to drink plenty of milk and water.
- b. Give an emetic as quickly as possible.
- c. Remove clothing in the shower as quickly as possible.
- d. Call Emergency Services OR Poison Hotline for instruction.

9. When a person suffers from food poisoning the usual symptoms are:

- a. The person takes fits.
- b. There is abdominal pain, vomiting and diarrhoea.
- c. The person suffers from headaches.
- d. The person complains of sore legs and arms.

10. An epileptic may take a fit at any place or time. Your main aim is to see that:

- a. Clothing around the neck, chest and waist is loosened.
- b. The casualty is protected from danger but movements are not restricted, with the head kept low whenever possible.
- c. Bystanders are removed from the scene.
- d. Froth is wiped away from the mouth.



11. A young child suffering from convulsions is most likely suffering from:

- a. A very bad headache.
- b. The after-effect of tantrums.
- c. A high-temperature.
- d. Lack of attention.

12. The best way to treat convulsions is to:

- a. Ensure there is a clear airway and place the child in a warm bath.
- b. Ensure that there is a clear airway and reduce the temperature by sponging.
- c. Wrap the child in a towel to keep him warm and at the same time restricting his movements.
- d. Give plenty of cool drinks.

13. If there is a foreign body on the window (pupil or cornea) of the eye, your first action should be:

- a. Try to remove it with the corner of your handkerchief.
- b. Seek medical help.
- c. Rinse the eye under a tap.
- d. Cover with a moist pad and rest the eye.

14. Which of the following would be the best indication of a fracture?

- a. Pain, swelling, loss of power, deformity and an unnatural movement.
- b. Headaches, pain and swelling.
- c. Fixity of the joint, pain and swelling.
- d. A rapid pulse, flushed face and bad headaches.

15. In all fractures the main aim of the First Aider is to:

- a. Keep the patient quiet and relaxed.
- b. Assure the patient there is nothing to worry about and keep him still.
- c. Steady and support the injured limb.
- d. Reduce the pain by giving headache powders or tablets.



REQUIREMENT 3

PASS A TEST IN RANGER FIRST AID.

I passed the Ranger First Aid theory and practical test:

Date: _____

Supervisor's Signature: _____





ADVANCED REQUIREMENT 1

COMPLETE THE MAP AND COMPASS HONOUR.

<https://pathfinders.adventistchurch.com/map-compass/>

Date: _____

Supervisor's Signature: _____



ADVANCED REQUIREMENT 2

- BE ABLE TO LIGHT A FIRE ON A RAINY DAY OR IN THE SNOW.**
- KNOW WHERE TO GET THE DRY MATERIAL TO KEEP IT GOING.**
- DEMONSTRATE ABILITY TO PROPERLY TIGHTEN AND REPLACE AN AXE OR TOMAHAWK HANDLE.**

(Include additional pages to this workbook, may include photos etc.)

Date: _____

Supervisor's Signature: _____



ADVANCED REQUIREMENT 3

Complete one of the following requirements:

- A. KNOW ON SIGHT, PREPARE AND EAT TEN VARIETIES OF WILD PLANT FOODS.
- B. BE ABLE TO IDENTIFY THROUGH PHOTOGRAPHS, SKETCHES, PICTURES OR REAL LIFE, ONE OF THE FOLLOWING CATEGORIES: 25 TREE LEAVES; 25 ROCKS AND MINERALS; 25 WILDFLOWERS; 25 BUTTERFLIES; 25 MOTHS; 25 SHELLS.
- C. BE ABLE TO SEND AND RECEIVE 35 LETTERS A MINUTE BY SEMAPHORE CODE.
- D. BE ABLE TO SEND AND RELIEVE 15 LETTERS A MINUTE BY WIGWAG USING THE INTERNATIONAL MORSE CODE.
- E. BE ABLE TO SEND AND RECEIVE MATTHEW 24 IN SIGN LANGUAGE FOR THE DEAF.
- F. TAKE PART IN A SIMPLE EMERGENCY SEARCH AND RESCUE OPERATION USING TWO-WAY RADIOS.

Date: _____

Supervisor's Signature: _____

ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
| <input type="checkbox"/> Historical Perspective | <input type="checkbox"/> Personal Growth | <input type="checkbox"/> Health & Fitness | <input type="checkbox"/> Outdoor Living |

Requirement: _____



ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
| <input type="checkbox"/> Historical Perspective | <input type="checkbox"/> Personal Growth | <input type="checkbox"/> Health & Fitness | <input type="checkbox"/> Outdoor Living |

Requirement: _____



ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
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Requirement: _____



ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
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Requirement: _____



ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
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Requirement: _____



ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
| <input type="checkbox"/> Historical Perspective | <input type="checkbox"/> Personal Growth | <input type="checkbox"/> Health & Fitness | <input type="checkbox"/> Outdoor Living |

Requirement: _____

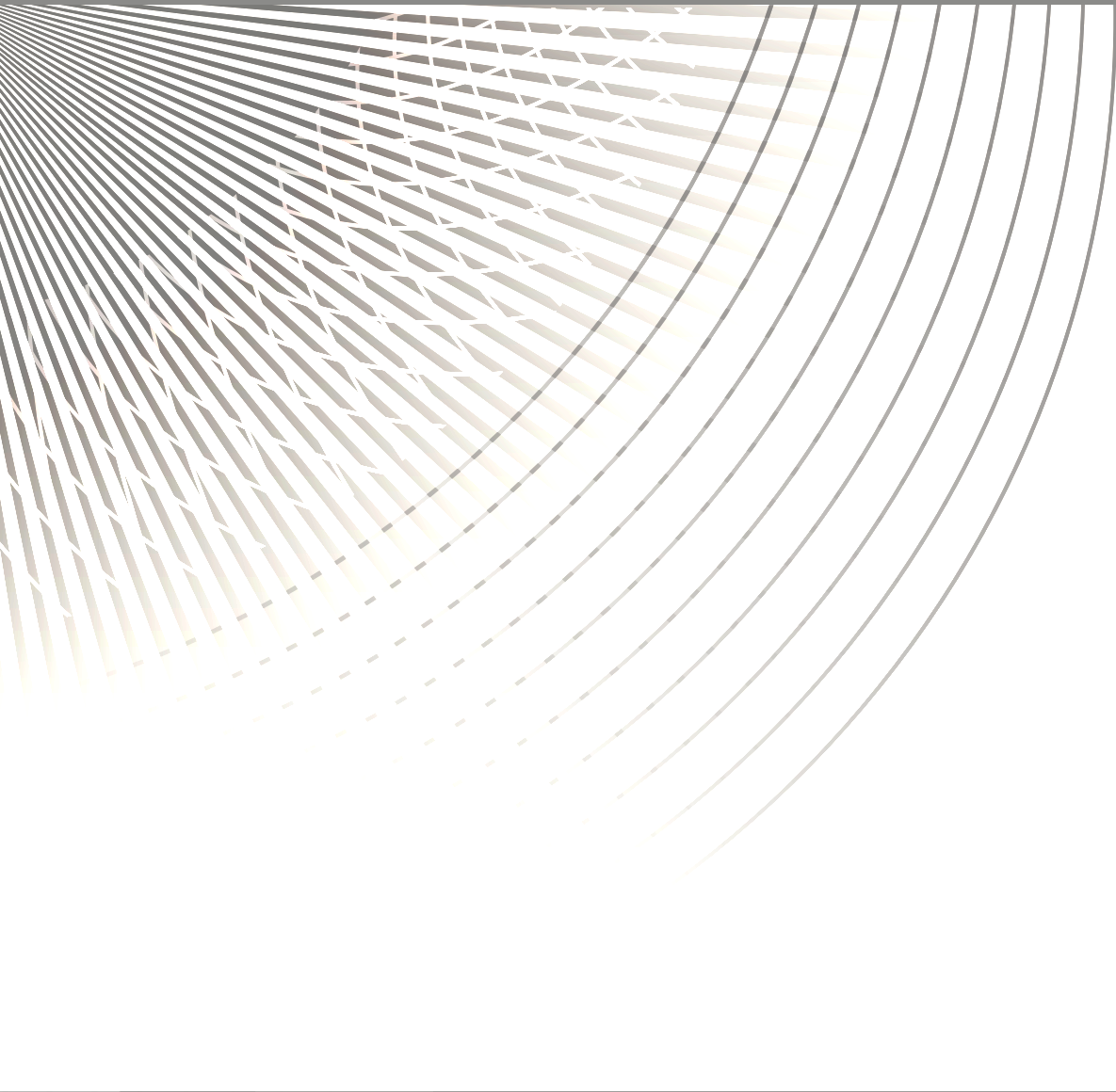


ADDITIONAL WORK**CATEGORY:**

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> General | <input type="checkbox"/> Spiritual Discovery | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Church Life |
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Requirement: _____





Seventh-day
Adventist Church

South Pacific