



# TEEN WORKBOOK

## Specialty Curriculum

Pathfinder:

Teacher:

FRIEND

COMPANION

EXPLORER

RANGER

VOYAGER

GUIDE

South Pacific Division Discipleship Youth Ministries



# Specialty Curriculum —Ranger, Voyager & Guide Workbook

Class requirements based on the Specialty Curriculum (Updated 2023)

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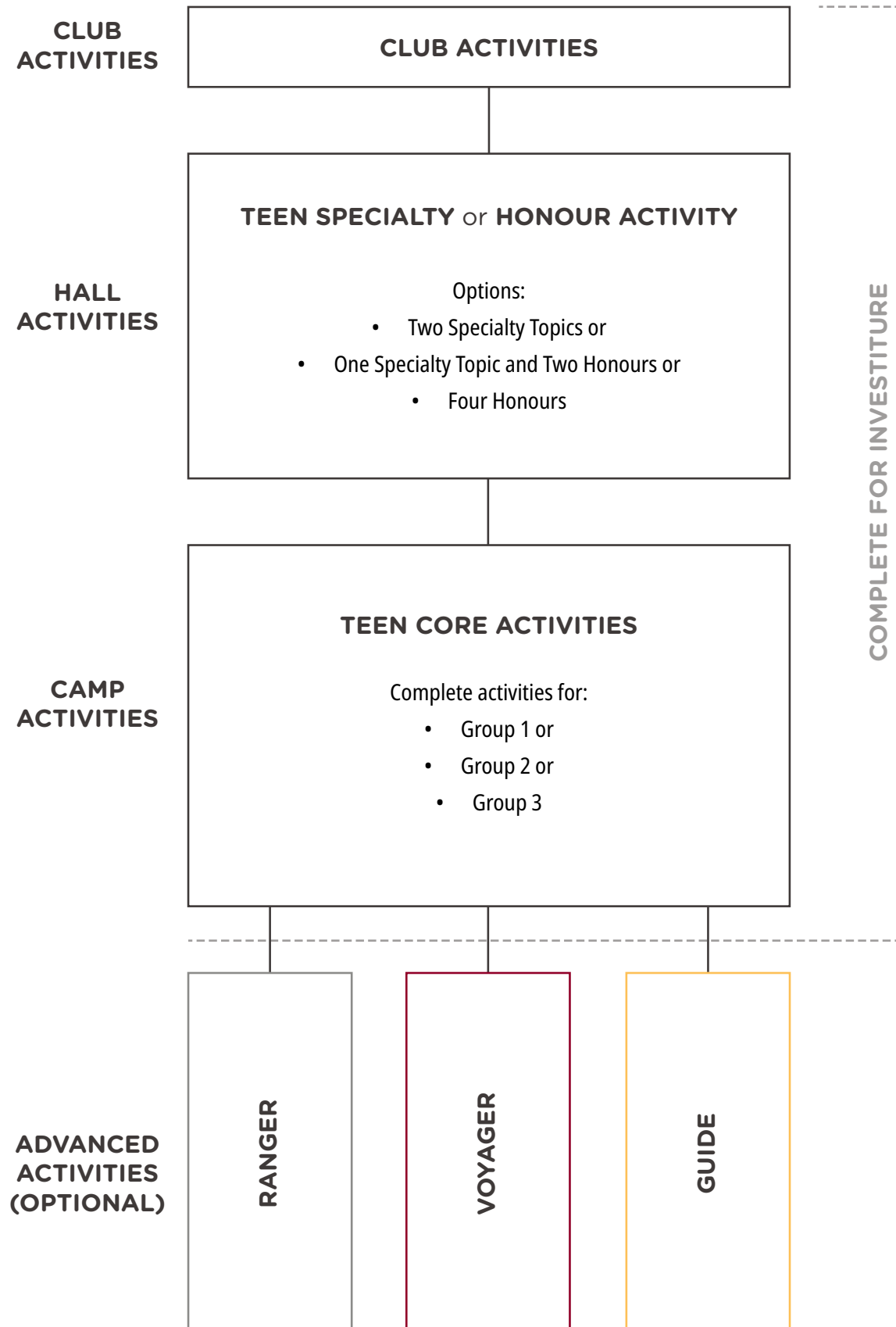
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*South Pacific*



# ACTIVITY STRUCTURE FOR SPECIALTY CURRICULUM



# RANGER



In the Ranger Selective set of Activities, I completed:



HALL ACTIVITIES

**SPECIALTIES**

**INITIALS**

**HONOURS**

**INITIALS**



CAMP ACTIVITIES

**IN THE TEEN PATHFINDER UNIT I COMPLETED THE ACTIVITIES FOR:**

☐

Group One

☐

Group Two

☐

Group Three



RANGER ACTIVITIES

WE WENT CAMPING AT:	INITIALS



## CLUB ACTIVITIES



## I participated in the following Community Projects:

ADRA Appeal

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Service Project

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Outreach Project

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

I invited a visitor to Pathfinders on: \_\_\_\_\_

Date: \_\_\_\_\_ Initials: \_\_\_\_\_



## Conference-organised activities I participated in were:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



## RANGER ACTIVITIES





**This year I participated in a club presentation on the following topics:**

A club must present at least one topic per category each year.

### CHURCH HERITAGE

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> The Apostasy  | <input type="checkbox"/> The Great Expectation | <input type="checkbox"/> After the Disappointment |
| <input type="checkbox"/> The Reformers | <input type="checkbox"/> The Lesser Light      | <input type="checkbox"/> Local Church History     |

### CAMPING

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sleeping Equipment | <input type="checkbox"/> Cooking Equipment | <input type="checkbox"/> Search and Rescue Operation |
| <input type="checkbox"/> Camp Clothing      | <input type="checkbox"/> Backpacks         | <input type="checkbox"/> Bushfire Emergency          |

### CEREMONIES

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> National Flag   | <input type="checkbox"/> National Anthem   | <input type="checkbox"/> Pathfinder Flag    |
| <input type="checkbox"/> Pathfinder Song | <input type="checkbox"/> Pathfinder Guidon | <input type="checkbox"/> Flags on the March |

### HEALTH

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Smoking          | <input type="checkbox"/> Alcohol                     | <input type="checkbox"/> Drugs               |
| <input type="checkbox"/> Diet / Nutrition | <input type="checkbox"/> Exercise / Physical Fitness | <input type="checkbox"/> Adventist Lifestyle |



### Investiture:

I was invested at \_\_\_\_\_

on the \_\_\_\_\_

I was invested by \_\_\_\_\_

☐ Advanced activities completed

\_\_\_\_\_  
Counsellor

\_\_\_\_\_  
District Director



### ADVANCED RANGER ACTIVITIES

1. Be invested for Ranger, at least 13 years of age OR in Year 8.
2. Participate in the club Community Service project.
3. Attend over 50% of Conference events.
4. Write a 200-word essay on why you believe in creation rather than evolution.
5. Complete an additional honour other than a nature honour (not previously earned).
6. Obtain 2 Memory Gem Certificates.





# VOYAGER



In the Voyager Selective set of Activities, I completed:



HALL ACTIVITIES

SPECIALTIES

INITIALS

HONOURS

INITIALS



CAMP ACTIVITIES

IN THE TEEN PATHFINDER UNIT I COMPLETED THE ACTIVITIES FOR:

☐

Group One

☐

Group Two

☐

Group Three



VOYAGER ACTIVITIES



WE WENT CAMPING AT:	INITIALS



### CLUB ACTIVITIES



### I participated in the following Community Projects:

ADRA Appeal

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Service Project

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Outreach Project

Date: \_\_\_\_\_ Initials: \_\_\_\_\_

I invited a visitor to Pathfinders on: \_\_\_\_\_

Date: \_\_\_\_\_ Initials: \_\_\_\_\_



### Conference-organised activities I participated in were:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



### VOYAGER ACTIVITIES





**This year I participated in a club presentation on the following topics:**

A club must present at least one topic per category each year.

### **CHURCH HERITAGE**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> The Apostasy  | <input type="checkbox"/> The Great Expectation | <input type="checkbox"/> After the Disappointment |
| <input type="checkbox"/> The Reformers | <input type="checkbox"/> The Lesser Light      | <input type="checkbox"/> Local Church History     |

### **CAMPING**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sleeping Equipment | <input type="checkbox"/> Cooking Equipment | <input type="checkbox"/> Search and Rescue Operation |
| <input type="checkbox"/> Camp Clothing      | <input type="checkbox"/> Backpacks         | <input type="checkbox"/> Bushfire Emergency          |

### **CEREMONIES**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> National Flag   | <input type="checkbox"/> National Anthem   | <input type="checkbox"/> Pathfinder Flag    |
| <input type="checkbox"/> Pathfinder Song | <input type="checkbox"/> Pathfinder Guidon | <input type="checkbox"/> Flags on the March |

### **HEALTH**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Smoking          | <input type="checkbox"/> Alcohol                     | <input type="checkbox"/> Drugs               |
| <input type="checkbox"/> Diet / Nutrition | <input type="checkbox"/> Exercise / Physical Fitness | <input type="checkbox"/> Adventist Lifestyle |



### Investiture:

I was invested at \_\_\_\_\_

on the \_\_\_\_\_

I was invested by \_\_\_\_\_

☐ Advanced activities completed

\_\_\_\_\_  
Counsellor

\_\_\_\_\_  
District Director



### ADVANCED VOYAGER ACTIVITIES

1. Be invested for Voyager, at least 14 years of age OR in Year 9.
2. Participate in the club Community Service project.
3. Participate in the club outreach program.
4. Attend over 50% of Conference events.
5. Complete at least the skills or service project of the A.Y. Silver Award
6. Obtain 2 Memory Gem Certificates.



# GUIDE



In the Guide Selective set of Activities, I completed:



HALL ACTIVITIES

SPECIALTIES	INITIALS

CLUB HONOURS	INITIALS



CAMP ACTIVITIES

**IN THE TEEN PATHFINDER UNIT I COMPLETED THE ACTIVITIES FOR:**

☐

Group One

☐

Group Two

☐

Group Three



GUIDE ACTIVITIES

WE WENT CAMPING AT:	INITIALS



### CLUB ACTIVITIES



### I participated in the following Community Projects:

ADRA Appeal Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Service Project Date: \_\_\_\_\_ Initials: \_\_\_\_\_

Community Outreach Project Date: \_\_\_\_\_ Initials: \_\_\_\_\_

I invited a visitor to Pathfinders on: \_\_\_\_\_ Date: \_\_\_\_\_ Initials: \_\_\_\_\_



### Conference-organised activities I participated in were:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



### GUIDE ACTIVITIES





**This year I participated in a club presentation on the following topics:**

A club must present at least one topic per category each year.

### CHURCH HERITAGE

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> The Apostasy  | <input type="checkbox"/> The Great Expectation | <input type="checkbox"/> After the Disappointment |
| <input type="checkbox"/> The Reformers | <input type="checkbox"/> The Lesser Light      | <input type="checkbox"/> Local Church History     |

### CAMPING

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sleeping Equipment | <input type="checkbox"/> Cooking Equipment | <input type="checkbox"/> Search and Rescue Operation |
| <input type="checkbox"/> Camp Clothing      | <input type="checkbox"/> Backpacks         | <input type="checkbox"/> Bushfire Emergency          |

### CEREMONIES

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> National Flag   | <input type="checkbox"/> National Anthem   | <input type="checkbox"/> Pathfinder Flag    |
| <input type="checkbox"/> Pathfinder Song | <input type="checkbox"/> Pathfinder Guidon | <input type="checkbox"/> Flags on the March |

### HEALTH

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Smoking          | <input type="checkbox"/> Alcohol                     | <input type="checkbox"/> Drugs               |
| <input type="checkbox"/> Diet / Nutrition | <input type="checkbox"/> Exercise / Physical Fitness | <input type="checkbox"/> Adventist Lifestyle |



I was invested at \_\_\_\_\_

on the \_\_\_\_\_

I was invested by \_\_\_\_\_

☐ Advanced activities completed

\_\_\_\_\_  
Counsellor

\_\_\_\_\_  
District Director



#### ADVANCED GUIDE ACTIVITIES

1. Be invested for Guide, at least 15 years of age OR in Year 10.
2. Participate in the club Community Service project.
3. Participate in the club outreach program.
4. Attend over 50% of Conference events.
5. Complete at least the Personal Improvement OR the Physical Fitness section of the A.Y. Silver Award.
6. Obtain 2 Memory Gem Certificates.







## TEEN CORE ACTIVITIES

**Group One**

1. Memorise and understand the Adventist Youth Aim, Pledge and Motto.
2. Through group discussion, discover the forces involved in becoming a Christian. What is the Gospel and how does that apply in my life.
3. Through discussion and creative group work, demonstrate your answers to “How Do I Find God?”
4. With your group, make plans for a social activity at least once during the year.
5. In group discussion and by personal enquiry, examine your attitude to one of the following topics:
  - Self-confidence
  - Friendship
  - Social graces
  - Willpower

**I COMPLETED THESE ACTIVITIES WHILE I WAS IN THE TEEN  
PATHFINDER UNIT OF:**

☐ Ranger☐ Voyager☐ Guide



## REQUIREMENT 1

### MEMORISE AND UNDERSTAND THE ADVENTIST YOUTH AIM, PLEDGE AND MOTTO.

**Aim:** "The advent message to all the world in this generation." **Motto:** "The love of Christ constraineth us."

What is the Advent Message?

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What is the world?

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What is my relationship to it?

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The meaning of 'constraineth': 2 Corinthians 5:14.

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Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





### Discussion Summary:

[illegible]



### Discussion Summary:

[illegible]



## REQUIREMENT 4

**WITH YOUR GROUP, MAKE PLANS FOR A SOCIAL ACTIVITY AT LEAST ONCE DURING THE YEAR.**

(Include additional pages to this workbook, may include photos, draft plans of social activity etc.)

**SOCIAL ACTIVITY:** \_\_\_\_\_

**DETAILS:** \_\_\_\_\_

**PHOTOS:**

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_





[illegible]





## TEEN CORE ACTIVITIES

**Group Two**

1. Study the personal work of the Holy Spirit and discuss His involvement in spiritual growth.
2. Discuss and prepare a flow chart on local church organisation and the departmental functions.
3. Organise a health party/healthy meal for your group.
4. In group discussion and by personal inquiry, examine your attitude to one of the following topics:
  - Self-concept
  - Human relationships — parents, family and others
  - Earning and spending money
  - Peer Pressure
5. Choose and discuss at least ONE aspect of the Second Coming.

**I COMPLETED THESE ACTIVITIES WHILE I WAS IN THE TEEN  
PATHFINDER UNIT OF:**

☐ Ranger☐ Voyager☐ Guide



## REQUIREMENT 1

### **STUDY THE PERSONAL WORK OF THE HOLY SPIRIT AS IT RELATES TO MANKIND, AND DISCUSS HIS INVOLVEMENT IN SPIRITUAL GROWTH.**

1. Using the scripture passages from John, make an outline on the Holy Spirit's particular work as Christ's Ambassador to the earth (John 14:26; 15:26; 16:7-15). Use the outline below as a guide to studying these passages.

#### The Holy Spirit

Titles: 1

2

3

4

Sent By:

In the Name of:

Special Duties: 1

2

3

4

5

6

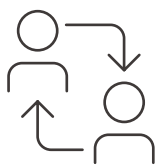


- | Father | Son | Holy Spirit |
|--------|-----|-------------|
|        |     |             |

- [illegible]

★ TEEN CORE ACTIVITIES | GROUP 2





**DISCUSS AND PREPARE A FLOW CHART ON LOCAL CHURCH ORGANISATION AND THE DEPARTMENTAL FUNCTIONS.**

# Church Organisational Structure

[illegible]

Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_



## REQUIREMENT 3

### **ORGANISE A HEALTH PARTY/HEALTHY MEAL FOR YOUR GROUP.**

(Include additional pages to this workbook, may include photos etc.)

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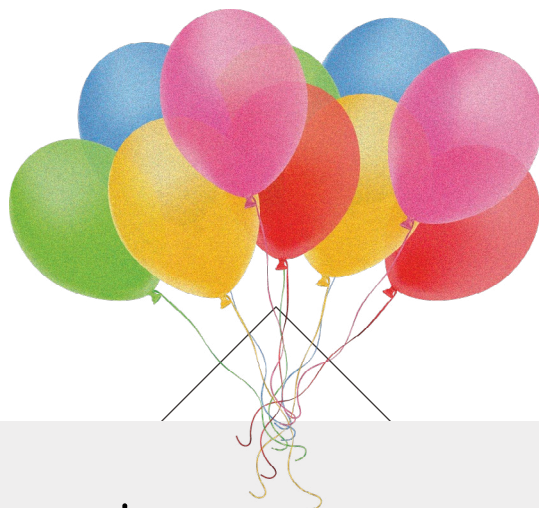
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Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





## Planning a Health Party

1. Determine how many people you want to cater for.
2. What will the age group be? You may like to organise a party for a group
  - a. Local children who are underprivileged
  - b. Your school friends
  - c. Younger brother or sister's birthday
  - d. Senior citizens
  - e. Father's Day – student's fathers
  - f. Mother's Day – student's mothers
3. Will the party be a formal meal or a buffet meal?
4. Choose your colour scheme.
5. Choose the menu.
6. Plenty of time for the planning and preparation of the party.



## REQUIREMENT 4

**IN GROUP DISCUSSION AND BY PERSONAL ENQUIRY,  
EXAMINE YOUR ATTITUDES TOWARD TWO OF THE  
FOLLOWING TOPICS:**

- A. SELF-CONCEPT**
- B. HUMAN RELATIONSHIPS-PARENTS, FAMILY AND  
OTHERS**
- C. EARNING AND SPENDING MONEY**
- D. PEER PRESSURE**

**Discussion Summary:**

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Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_







## REQUIREMENT 4A

### A. SELF-CONCEPT

#### Do you like yourself?

Most people could make the following statements about yourself from time to time. Indicate with a tick below how often each statement would hold true.

Do I like myself	Always	Usually	Occasion- ally	Rarely	Never
I enjoy shopping for new clothes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My weight is just about where I want it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel well-dressed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like looking at myself in a full-length mirror	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel important	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If I were a member of the opposite sex, I would find me attractive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am optimistic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am in a good mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can hold my own in conversations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like going to parties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can laugh at my own mistakes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other people value my opinions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am energetic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Do I like myself	Always	Usually	Occasion- ally	Rarely	Never
I don't bear grudges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It takes a lot to get me down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I blame myself for things that go wrong	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other people like me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I don't let people push me around	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other people need me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've accomplished a good deal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
People usually admire me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like meeting and talking to new people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can take care of myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm a kind person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like the place where I live in	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My life is full	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If I was ever in trouble, my friends would rally around to help	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like to confide in people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 4B

### B. HUMAN RELATIONSHIPS - PARENT-TEEN RELATIONSHIPS

#### What do you think?

Statement	Agree	Disagree
An argument is a destructive force in the home between parents and teens.	<input type="checkbox"/>	<input type="checkbox"/>
Quarrelling is wrong for a Christian family even though insights are gained thereby.	<input type="checkbox"/>	<input type="checkbox"/>
The wisest course to take when an argument seems to be developing is to remain silent or leave the room.	<input type="checkbox"/>	<input type="checkbox"/>
An adolescent should always obey a parent without questioning what he/she says or his/her authority.	<input type="checkbox"/>	<input type="checkbox"/>
Parents should have a voice in who their son or daughter dates.	<input type="checkbox"/>	<input type="checkbox"/>
Teenagers will take responsibility when they are ready to do so.	<input type="checkbox"/>	<input type="checkbox"/>
Most of the problems between parents and teenagers occur because the parents fail to listen to or understand the teenager.	<input type="checkbox"/>	<input type="checkbox"/>
A good method of disciplining with teenagers is focusing upon what they did wrong so they will not do that same thing again.	<input type="checkbox"/>	<input type="checkbox"/>
It is a sign of spiritual and emotional immaturity for a Christian to be angry with another person.	<input type="checkbox"/>	<input type="checkbox"/>



Statement	Agree	Disagree
A teenager should be given a choice when it comes to participating in family devotions or worship. He/she can choose whether he/she wants to or not.	<input type="checkbox"/>	<input type="checkbox"/>
Nagging another person is sometimes necessary in order to get him/her to respond.	<input type="checkbox"/>	<input type="checkbox"/>
It is all right to modify the truth to avoid unpleasantness in the home.	<input type="checkbox"/>	<input type="checkbox"/>
Parents make lots of mistakes. Therefore, teenagers should be careful to obey them only when they are right.	<input type="checkbox"/>	<input type="checkbox"/>
Since parents brought their teenagers into the world, they owe it to them to give them clothes, food, a place to live, and plenty of attention.	<input type="checkbox"/>	<input type="checkbox"/>
If a teenager obeys and respects his parents, he/she will always cooperate and be understanding.	<input type="checkbox"/>	<input type="checkbox"/>

### REFERENCES:

- **Anger:** Proverbs 15:1,18; 16:32; 19:11; 20:2; 22:24,25; 29:11,22; Mark 3:5, Ephesians 4:26,31, Colossians 3:8,21.
- **Parent-Teen Relationships:** Ephesians 6:1-3, Colossians 3:21.
- **Too Much Talk:** Proverbs 10:19; 11:12,13; 13:3; 17:27,28; 18:2; 20:19.
- **Nagging:** Proverbs 17:19; 21:9.
- **Calm, Soft Answers:** Proverbs 15:1,4; 16:1; 25:15.
- **Insults:** Proverbs 12:16; 19:11.
- **Speaking the Truth:** Proverbs 12:17,22; 16:13; 19:5; 26:18,19,22; 28:23; Proverbs 29:5, Ephesians 4:15,25, Colossians 3:9.

Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 4C

### C. EARNING AND SPENDING MONEY.

**Discuss feelings about money, its meaning and value of the follow questions:**

- |  |   |   |
|--|---|---|
| 1. What do you like to do best with money?                                       | reluctant to part with?   | a wife have to sped as she pleases?   |
| 2. What would you do if you had all the money you wanted?                        | 9. Is there something you would be better off giving up?  | 15. What is "living by faith" in relation to material possessions?            |
| 3. How much money would you need to have enough?                                 | 10. Who gave you whatever economic advantages you enjoy? Have you ever thanked them? Repaid them?                     | 16. How are financial prosperity and God's blessings related?                 |
| 4. Should you live on less than you do?  | 11. How closely is money tide to your self-esteem?  | 17. If you tithe, are you free to spend the rest of your money as you choose? |
| 5. Where would you begin if you were to change to a simpler lifestyle?           | 12. If someone asked where you bought your jacket and you had gotten it at a second-hand store, what would you reply? | 18. What does Christian faith have to say about the distribution of wealth?   |
| 6. What would life be like if you gave away all your money?                      | 13. What will happen when women get paid the same as men?   | 19. Where do you most enjoy giving money away?                                |
| 7. What would your town be like if everybody had enough and nobody had too much? | 14. How much money should   | 20. What does your money mean to you?   |
| 8. What would you be most  |   |   |

### Discussion Summary:

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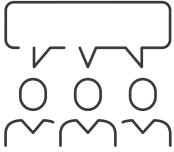
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Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 4D

### D. PEER PRESSURE

**What is group peer pressure?**

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**Numbering from 1-10 ('1' being the highest), rank how you feel group peer pressure affects the following:**

Since group peer pressure is so strong, it is continually telling us:

	What we think of ourselves		How to mix with others outside your group of friends
	What language we use		What to wear
	To choose between what is right and wrong		What is 'in' or 'trending'
	Who are you respectful of eg. parents, teachers		What others think of me
	Whether studies are important		Who we are influenced by on social media platforms

## “Will You Remember Or Care” Test

In 10 years time, will I still be able to remember or care about:

	Yes	No
The names of those in my class?	<input type="checkbox"/>	<input type="checkbox"/>
The girl who was best dressed?	<input type="checkbox"/>	<input type="checkbox"/>
The guy who mocked God and made me afraid to stand up for Christ?	<input type="checkbox"/>	<input type="checkbox"/>
The top athlete in my school?	<input type="checkbox"/>	<input type="checkbox"/>
The guy with the hottest car?	<input type="checkbox"/>	<input type="checkbox"/>
The names of five people in a group who wouldn't accept me into their circle.	<input type="checkbox"/>	<input type="checkbox"/>
The score of the fifth game in the basketball season?	<input type="checkbox"/>	<input type="checkbox"/>

Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 5

### CHOOSE AND DISCUSS AT LEAST ONE ASPECT OF THE SECOND COMING.

**Objective:** Make a newspaper, bulletin, or a report by interviewing the pastor on the Last-Day Events, you need to answer the following questions in the paper: (use this sheet as your plan and also include Bible verses).

#### Who's coming back and why?

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#### Signs of the Advent:

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#### Preparing for the Advent:

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Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_







## TEEN CORE ACTIVITIES

## Group Three

1. Through creative study and discussion, become familiar with the Bible's emphasis on the stewardship of time, health and possessions.
2. Following discussion, prepare a flow chart on denominational organisation, with special details of the South Pacific Division.
3. With your group make plans for a social activity at least once during the year.
4. In group discussion and by personal inquiry, examine your attitude to one of the following topics:
  - Choosing your career
  - Moral Behaviour
  - Sex and dating
  - Choosing you life partner
  - Homosexuality
  - Handling separation and divorce
5. Participate in an activity on the Old Testament Sanctuary Service and discuss how it points to the cross and the personal ministry of Jesus.
6. Learn at least two creative ways of studying the Bible.

**I COMPLETED THESE ACTIVITIES WHILE I WAS IN THE TEEN  
PATHFINDER UNIT OF:**

☐ Ranger

☐ Voyager

☐ Guide





## REQUIREMENT 1

**THROUGH CREATIVE STUDY AND DISCUSSION, BECOME FAMILIAR WITH THE BIBLE'S EMPHASIS ON THE:**

- ☐ **STEWARDSHIP OF TIME**
- ☐ **STEWARDSHIP OF HEALTH**
- ☐ **STEWARDSHIP OF POSSESSIONS**



Refer to current Stewardship resources on [stewardship.adventistchurch.com/](https://stewardship.adventistchurch.com/) if further assistance is needed.



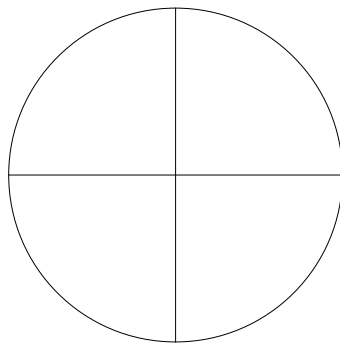
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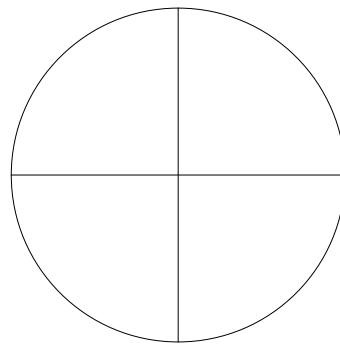


## 1. STEWARDSHIP OF TIME

Use the diagram given to represent a 24-hour day. Each segment represents six (6) hours. Write onto each segment what you normally do every day, and how long it takes to do it. Once you have honestly completed your daily program in "Diagram of Life 1" chart, write how you think you *should* spend each day in the "Diagram of Life 2" chart.



**DIAGRAM OF LIFE 1**



**DIAGRAM OF LIFE 2**

Draw up your own Life Insurance Policy based on God's Word:

Example:		Bible Reference	
Length of time insured			
Value of the insured			
Specific items covered			
Premium			
Conditions			
Benefits			
1 Peter 1:18,19	2 Thessalonians 5:23	Hebrews 13:5	Jude 24
John 1:12	Galatians 4:7	3 John 2	John 10:10
1 Corinthians 3:16,17	Psalms 103:2,3	Psalms 34:7	Philippians 4:19
Deuteronomy 5:32	1 Corinthians 10:31	Leviticus 3:17, 11:3,9	Proverbs 23:29-35



[illegible]



## 2. STEWARDSHIP OF HEALTH

### Bible emphasis on Health

God made man a total human being. Health is living to the fullest: mentally, physically, socially and spiritually.

Jesus said: "I am come that they might have life, and that they might have it more abundantly." John 10:10.

Disease is a breakdown of the physical, mental, social and spiritual faculties.

### Discussion Summary

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## TRUE OR FALSE QUIZ

<b>1</b>	<b>Health is the absence of disease physically.</b>	<b>T</b>	<b>F</b>
	Discussion: Psalm 67:2, Psalm 103:1-3 Ministry of Healing p. 241		
<b>2</b>	<b>Disease usually comes as a result of breaking the laws of health.</b>	<b>T</b>	<b>F</b>
	Discussion: Exodus 15:26 Ministry of Healing 127		
<b>3</b>	<b>If we break the laws of health, we are breaking the commandments of God.</b>	<b>T</b>	<b>F</b>
	Discussion: Exodus 20:13 Ministry of Healing 128, 51, 310		
<b>4</b>	<b>Sleep and rest are important necessities for health.</b>	<b>T</b>	<b>F</b>
<b>5</b>	<b>God is interested in us having adequate, sound sleep.</b>	<b>T</b>	<b>F</b>
<b>6</b>	<b>Lack of exercise is one of the major causes of disease today.</b>	<b>T</b>	<b>F</b>
	Discussion: Ministry of Healing 238, 237		
<b>7</b>	<b>Work was given to Adam and Eve after they sinned.</b>	<b>T</b>	<b>F</b>
	Discussion: Genesis 2:15		
<b>8</b>	<b>One of the best exercises is walking.</b>	<b>T</b>	<b>F</b>
	Discussion: Ministry of Healing 238 Testimonies of the Church, vol.3, 78 New Aerobics by Kenneth Cooper MD		
<b>9</b>	<b>Self-control is foolish. We were made to do our own thing and have good time.</b>	<b>T</b>	<b>F</b>
	Discussion: 2 Corinthians 3:16,17 Ministry of Healing 176		
<b>10</b>	<b>Since alcohol, tobacco and other harmful drugs are habit-forming, it is best never to take the first taste.</b>	<b>T</b>	<b>F</b>





### THOUGHT DISCUSSIONS

1. **Is this old proverb true: Cleanliness is next to godliness?**  
*(Disease breeds in dirt)*

Psalm 24:3,4

Revelation 19:8

2. **Since Paul said: "Eat that which is set before you." (1 Corinthians 10:27), does it matter what we eat? (Discuss original diet)**

1 Corinthians 10:31 (eat to glory of God)

1 Corinthians 3:16,17

Isaiah 55:2

3. **Since grief, sorrow and especially guilt is said to be the major factor in causing stress – and stress in turn causes disease – what can be done to reduce stress?**

- a. Bible's best medicine – clear conscience and happy Christian life.

Proverbs 17:22

1 John 1:9

- b. Are the pleasures of "sin for a season" really worth it?

Hebrews 11:25

- c. It is God's desire to give us lasting joy and pleasure.

Psalm 16:11

Ministry of Healing 251



### 3. STEWARDSHIP OF POSSESSIONS

#### Bible Emphasis on Stewardship of Possessions

Every human being on earth has a stewardship responsibility to God. His responsibility does not depend upon whether a person is rich or poor. Nor does it make any difference whether a person is Muslim, Christian, Jew, or atheist. Man has a responsibility to God on the single basis that God gave him life.

True Christian stewardship involves the wise and unselfish use of life.

From his very beginning, God intended that mankind should have responsibility and be entrusted with possessions.

#### DISCUSSION

- When God made Adam a steward of His creation, He did reserve a portion of Himself (Genesis 2:16, 17). Why?
- Consider Genesis 2:16,17; Genesis 3:1-8.
- "This tree God reserved as a constant reminder of His ownership of all things. Thus He gave them opportunity to demonstrate their faith and trust in Him by their perfect obedience to His requirements." 6T 386

God's desire today is that His people shall be prosperous.

- Consider 3 John 2, Joshua 1:8, Psalm 122:7, Malachi 3:10.

Does God make any reservations in the things we possess today?

- Leviticus 27:30,32. Tithe holy unto the Lord.
- Deuteronomy 14:22. Tithe of increase.
- Malachi 3:8-10. To withhold God's portion is to rob Him.

God also honours the gifts of His people.

- Deuteronomy 16:17. Give as able.

- Proverbs 3:9. Honour God with substance.
- Matthew 10:8. Freely give.
- 2 Corinthians 9:7. God loves a cheerful giver.

By returning God's portion (tithe), and giving our gifts to God, we too demonstrate our obedience, loyalty and love.

- Consider Leviticus 14:22,23. "So it is with God's claims upon us. He places His treasures in the hands of men, but requires that one tenth shall be faithfully laid aside for His work. He requires this portion to be placed in His treasury. It is to be given to Him as His owner. It is sacred. By faithfully obeying this requirement, we acknowledge that all belongs to God." 6T 386.

Consider the difference between "tithes" and "offerings".

- Leviticus 27:30. Tithe belongs to God. It is not a gift. It is simply returned to God.
- An offering is a gift offered willingly of that which God allows you to call your own, after the portion which He owns is returned to Him. See Malachi 3:8.

Giving demonstrates a right relationship with God regarding possessions.

- Deuteronomy 8:18, Matthew 6:21.

This relationship attracts God's blessing.

- 2 Chronicles 31:10, Malachi 3:10, Proverbs 10:22.





[illegible]

1. To get on well with my parents
2. \$30 pocket money per week
3. Acceptance by friends at school
4. Freedom from guilty feelings
5. To own a car when I am 18
6. To have a girl/boyfriend
7. Good looking clothes
8. A bedroom of my own
9. Good marks at school
10. To eat what I like
11. To be the best sports-person at school
12. To be liked by the school teachers
13. To have my own TV
14. To come and go as I please

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2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
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6. \_\_\_\_\_
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11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 2

**FOLLOWING DISCUSSION, PREPARE A FLOW CHART  
ON DENOMINATIONAL ORGANISATION, WITH SPECIAL  
DETAILS OF THE SOUTH PACIFIC DIVISION.**

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_



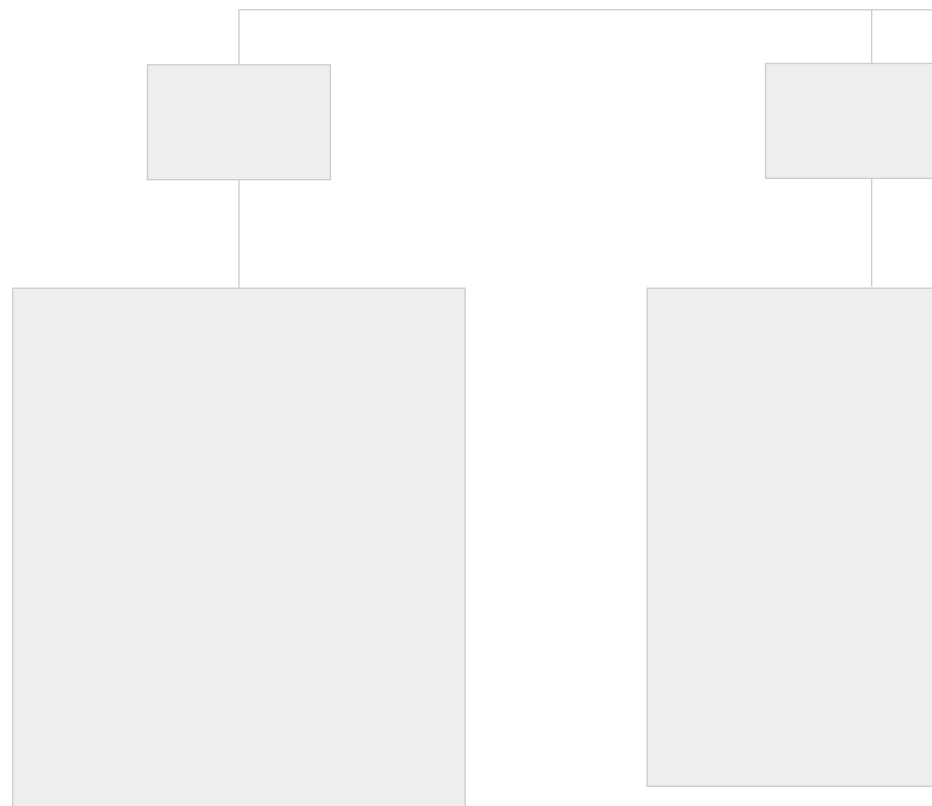
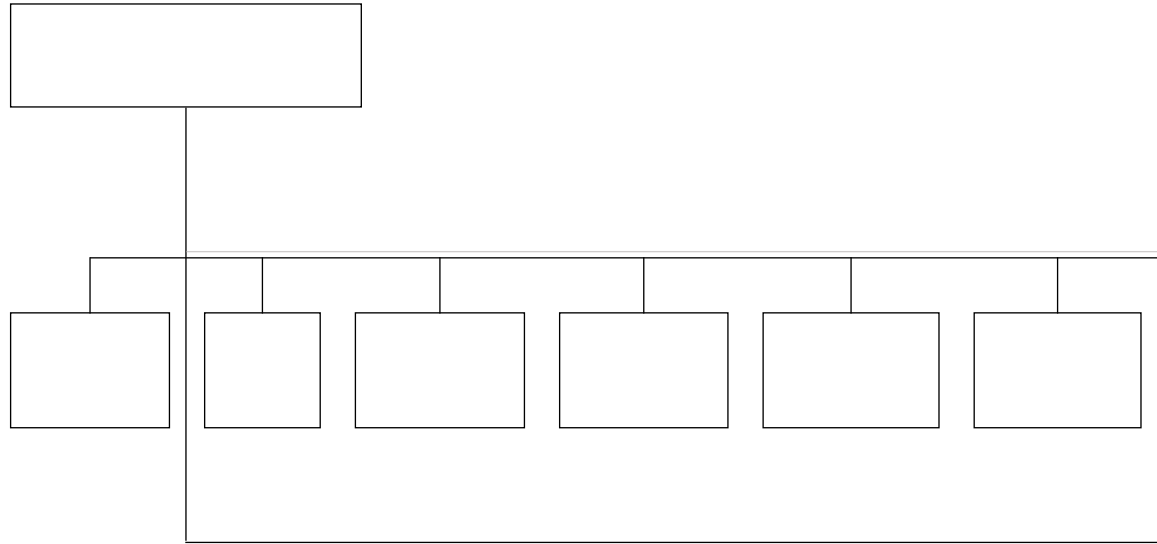
## FLOW CHART OF DENOMINATIONAL ORGANISATION

**WORLD  
CHURCH**

**WORLD  
DIVISIONS**

**UNIONS**

**CONFERENCES  
/ MISSIONS**

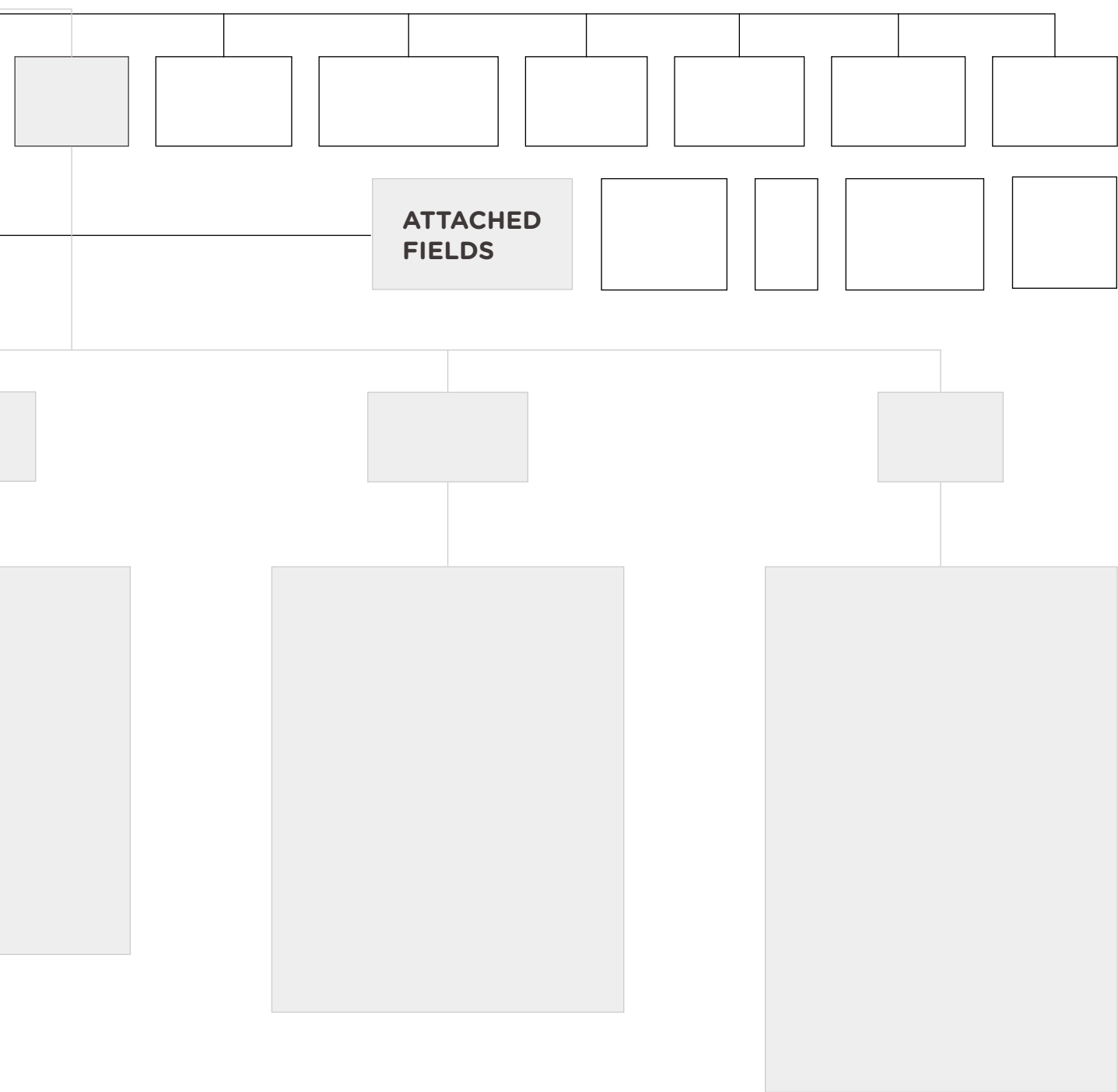


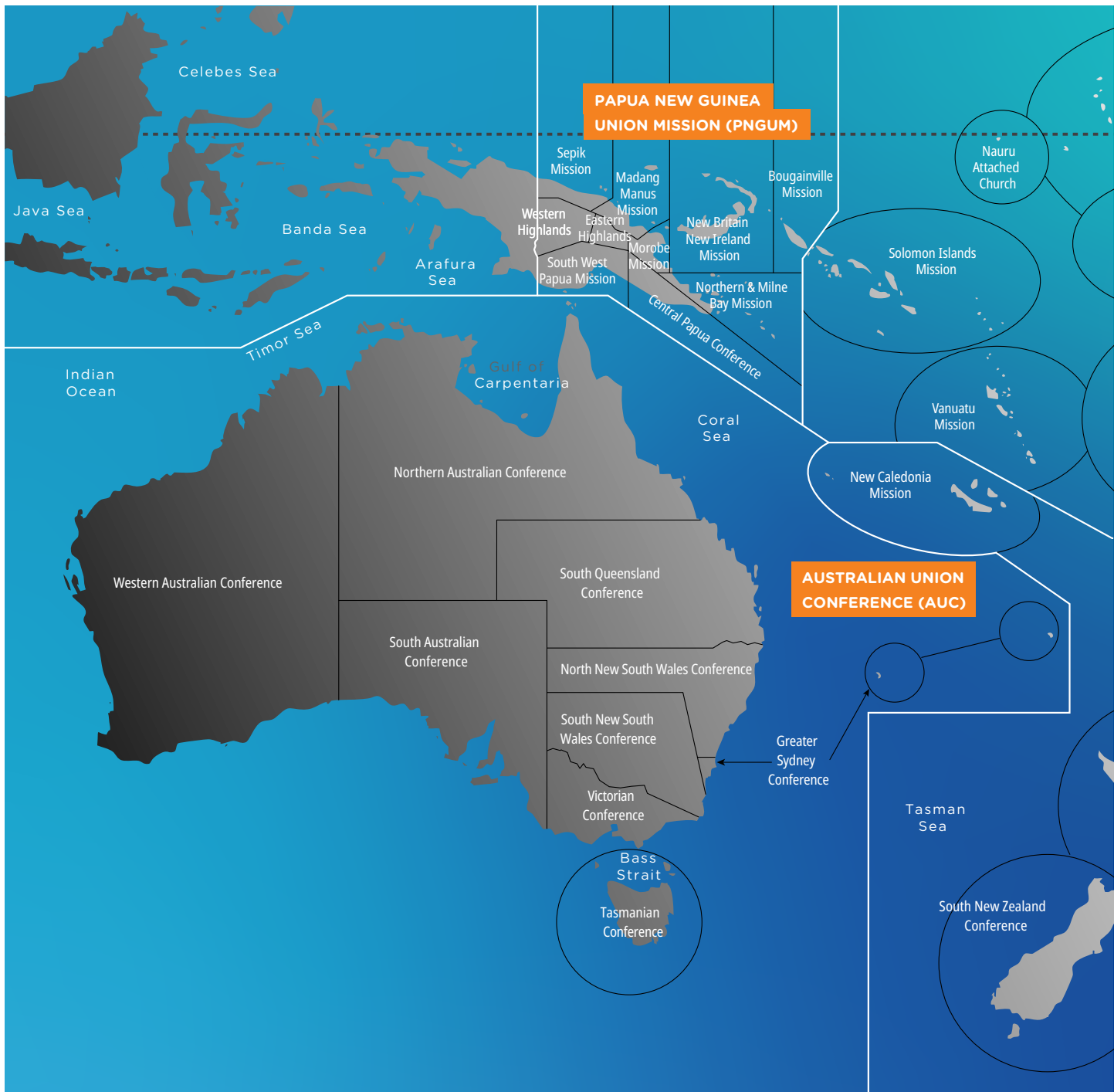
The General Conference (GC) is overseen by an administrative team and governing body, all of which are elected at General Conference Sessions which occur every five years. The GC coordinates the work the denomination does collectively on a global scale, interfacing with division leaders who coordinate activities in their parts of the world.

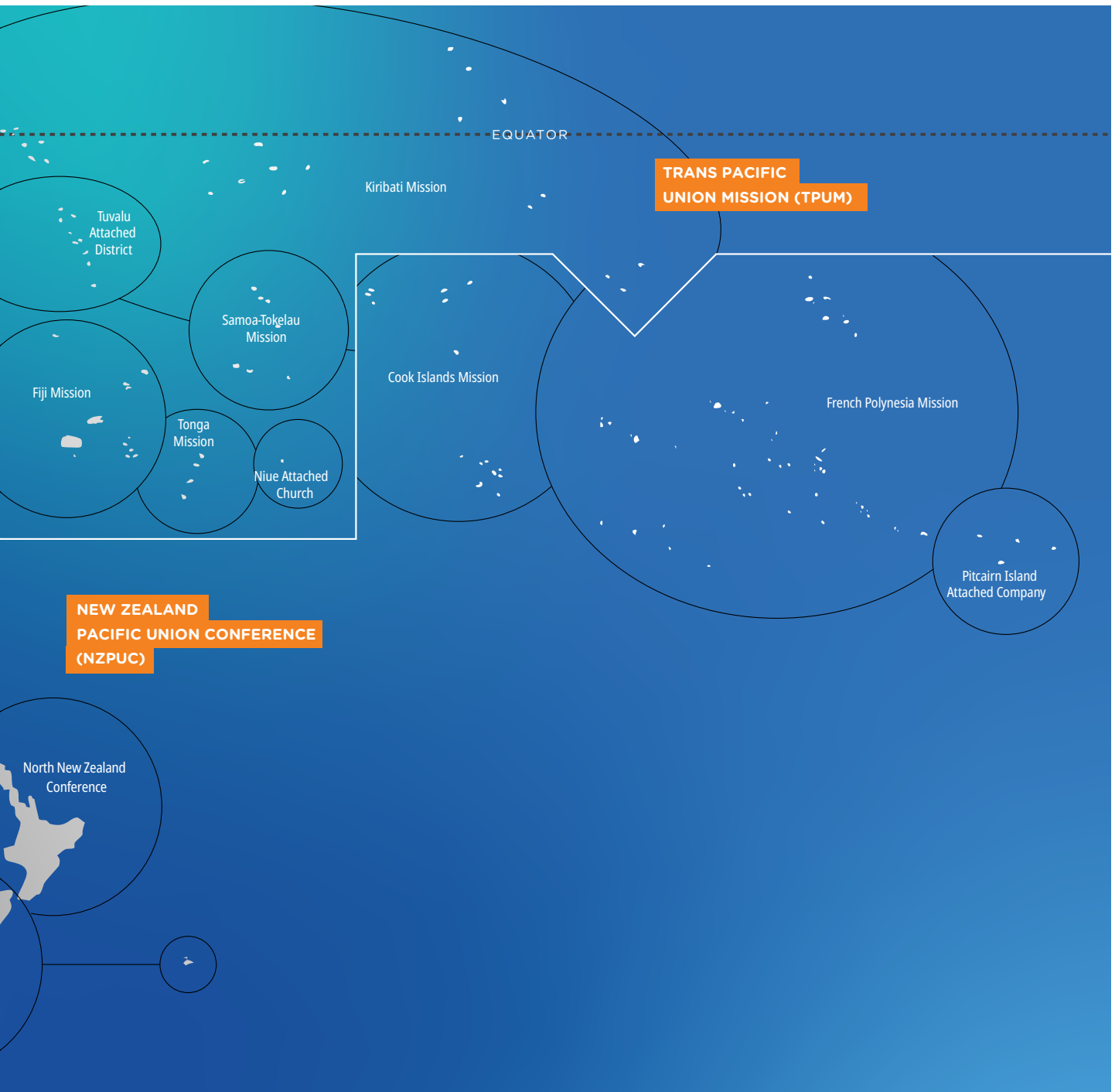
The world headquarters of the Seventh-day Adventist Church, located in Silver Spring, Maryland, United States, houses a number of departments and services

that support the global denomination and its needs. All of these entities exist to uphold the Adventist promise to help others understand the Bible and find freedom, healing and hope in Jesus.

To facilitate its worldwide activity, the GC established regional offices, known as divisions, who have administrative and supervisory responsibilities for groups of unions and other church units within specific geographic areas of the world.







Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_



TEEN CORE ACTIVITIES | GROUP 3





## REQUIREMENT 3

**WITH YOUR GROUP MAKE PLANS FOR A SOCIAL ACTIVITY AT LEAST ONCE DURING THE YEAR.**

(Include additional pages to this workbook, may include photos, draft plans of social activity etc.)

**SOCIAL ACTIVITY:** \_\_\_\_\_

**DETAILS:** \_\_\_\_\_

**PHOTOS:**

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_





## REQUIREMENT 4

**IN GROUP DISCUSSION AND BY PERSONAL INQUIRY, EXAMINE YOUR ATTITUDE TO ONE OF THE FOLLOWING TOPICS:**

- A. CHOOSING YOUR CAREER**
- B. MORAL BEHAVIOUR**
- C. SEX AND DATING**
- D. CHOOSING YOU LIFE PARTNER**
- E. HOMOSEXUALITY**
- F. HANDLING SEPARATION AND DIVORCE**

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_







# REQUIREMENT 4

**TOPIC:** \_\_\_\_\_

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## REQUIREMENT 5

**PARTICIPATE IN AN ACTIVITY ON THE OLD TESTAMENT SANCTUARY SERVICE AND DISCUSS HOW IT POINTS TO THE CROSS AND THE PERSONAL MINISTRY OF JESUS.**



Link: [Pathfinder Sanctuary Honour](#)



Date: \_\_\_\_\_ Supervisor's Signature: \_\_\_\_\_



## REQUIREMENT 5

### Complete the following:

**1. Describe and discuss the events leading up to the construction of the original sanctuary, i.e. the Tabernacle in the Wilderness:**

- What group of people were involved and what were they doing at the time? \_\_\_\_\_  
\_\_\_\_\_
- Why was it constructed? \_\_\_\_\_
- Who specified the design and the materials to be used? \_\_\_\_\_
- Where did the materials come from? \_\_\_\_\_
- Who constructed it? \_\_\_\_\_

**2. The following colours were used in the sanctuary and in the priests' clothing. Tell what each colour represented:**

- Red \_\_\_\_\_
- Blue \_\_\_\_\_
- Purple \_\_\_\_\_
- White \_\_\_\_\_
- Black \_\_\_\_\_
- Gold \_\_\_\_\_
- Silver \_\_\_\_\_
- Brass \_\_\_\_\_

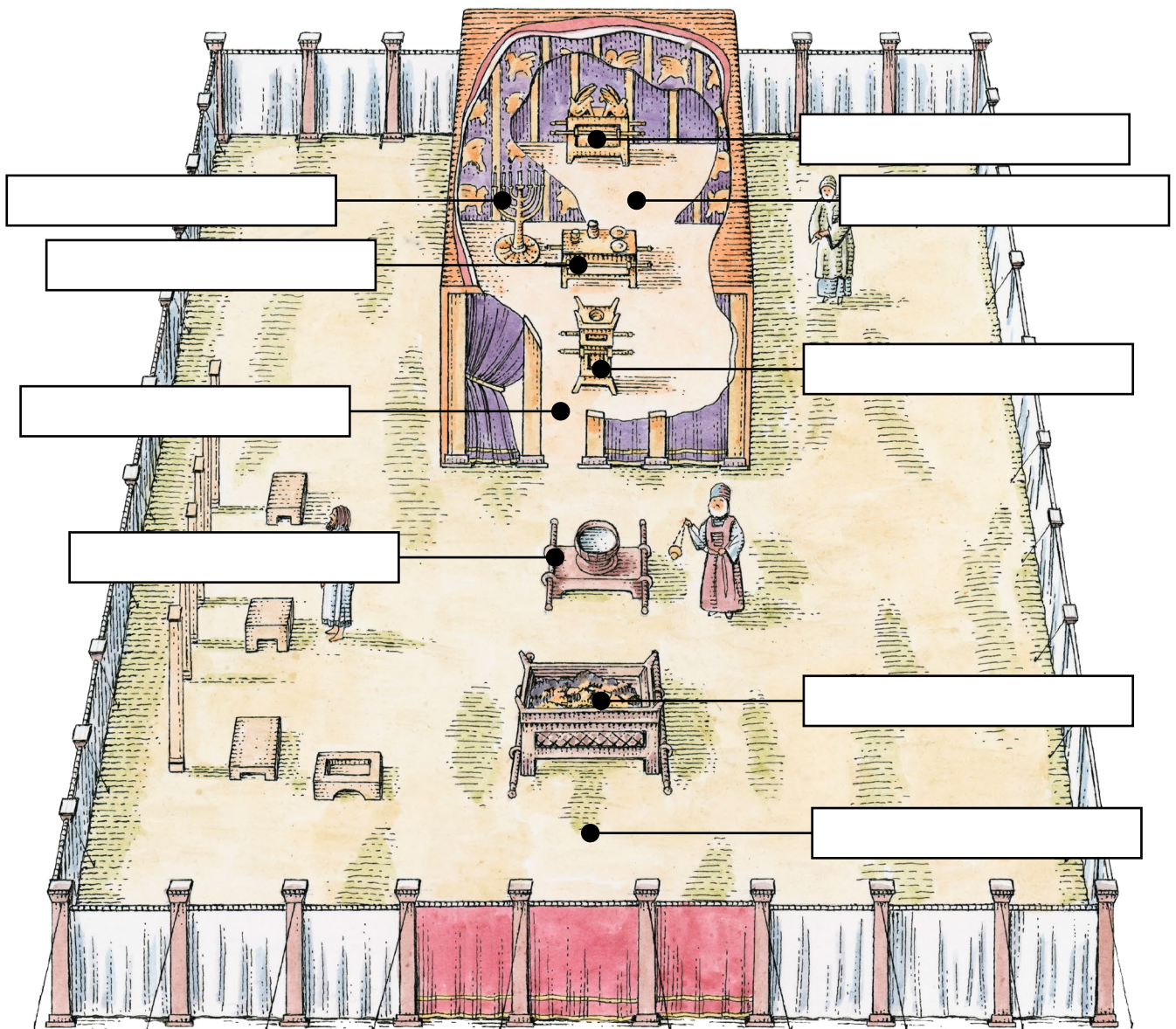
**3. Match the following:**

SYMBOL
Lamb
Wash Basin (laver)
Candlestick
Holy Bread
Altar of Incense
Priest
Mercy Seat

JESUS IS FOR US
The Water of Life
The Bread of Life (Bible)
Intercessor
Our Priest
The Covering for our Sins
The Sacrifice for our Sins
The Light of the World



4. Label the various parts and furnishings in the Sanctuary diagram below:





## REQUIREMENT 6

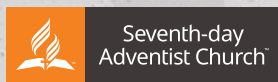
**LEARN AT LEAST TWO CREATIVE WAYS OF STUDYING THE BIBLE.**



## Notes

[illegible]





*South Pacific*